



Community Information Forum

29 November 2016

Installation Management Command integrates and delivers base support to enable readiness for a globally-responsive Army

We are the Army's Home

Serving the Rugged Professional

UNCLASSIFIED

FLW Snow & Ice Removal (SNAIR) Program

Road Condition Standards and Safety Actions

Road Condition Colors:

GREEN: No Restrictions, normal speed limits

AMBER: Safe speed is 10+ MPH BELOW posted speed limit

RED: Safe speed is 10 – 15 mph; based on conditions and road terrain

BLACK: Emergency Vehicle Movement Only

Safety Actions:

Unscheduled Leave: Supervisors grant leave to non mission-critical personnel

Curtailed Operations: Delayed Start Times or Early Release

Suspended Operations: Mission Critical Personnel Only



FLW Snow & Ice Removal (SNAIR) Program

Where to Find Current Installation Information

- AtHoc Mass Notification System (Pop Up, Text, Email)
 - Common Access Card (CAC) holders (Permanent Party, DoD Civilians on FLW Network): Purple Globe on Desktop
 - Non-CAC (Contractors, Family Members, Tenants, etc.):
<https://warnings.army.mil/SelfService/Entry.aspx?pid=2086261>
- FLW Facebook page:
<https://www.facebook.com/fortleonardwoodmissouri/?fref=nf>
- Daily On-Line Weather Report at Fort Leonard Wood Home Page:
<http://www.wood.army.mil/newweb/weather.html> (24/7)
- The Wood Line 563-4141 (24/7)
- Local Radio & Media Outlets: (PAO notifications) KY3, KOLR 10, Lebanon **FM 103.7 KJEL (only station manned 24/7)**; Rolla - FM 99.7 KTTR; St. Robert/Waynesville - FM 97.9 KFBD/FM 98.9 KFLW/FM 102.3 KIIK
- Missouri Department of Transportation (MoDOT) www.modot.org



Holiday Fire Safety

- In accordance with the 2015 National Fire Protection Agency Public Education Statistics:
 - Nearly 47,000 fires occur during the winter holidays claiming more than 500 lives, causing more than 2,200 injuries, and costing \$554 million in property damage.
 - On average, one of every 22 home fires started by Christmas trees result in death.
 - Two of every five home decoration fires are started by candles.
 - Having a working smoke alarm reduces one's chance of dying in a fire by nearly half.



Cooking Safety for Turkey Fryers

- COOK outdoors – never in the garage or on a deck
 - ENSURE the turkey is completely thawed and dry
 - NEVER overfill the fryer with oil – it will spill and cause a fire
 - TURN the fryer **OFF** before lowering the turkey into it
 - IF a fire starts, NEVER use a water to extinguish, immediately call 9-1-1



UNCLASSIFIED



Make Safety a Holiday Tradition!



End of Brief

*Best Wishes for a Happy and Safe
Holiday Season!!*



UNCLASSIFIED

FLW SAFETY OFFICE

Holiday safety

Travel Risk Planning System (TRiPS) – Going on leave, pass Or TDY?
<https://safety.army.mil>

Missouri Department of Transportation (MoDOT) www.modot.org/

- **Traveler Information Map for weather related road conditions, flood closures & work zone locations**



ARMY SUBSTANCE ABUSE PROGRAM

December is 3 “D (Drunk and Drugged Driving)” Awareness Month



Impaired Driving Simulator:

MSCoE, Thurman Hall Side

1st Floor

07 Dec. 2016, 1100-1300

Impaired Driving Simulator:

GLWACH,

Behind Information Desk

14 Dec. 2016, 0900-1100

For more information, contact ASAP at 596-0938

UNCLASSIFIED



EMPLOYEE ASSISTANCE PROGRAM

FT LEONARD WOOD

NEW LOCATION!

Location:

**2nd Floor Bldg. 470, Dillard Hall
Room 2112 (next to Retirement Services)**

573-596-7199

Jeffrey.m.cohen10.civ@mail.mil



HOLIDAY WORSHIP SCHEDULE

PROTESTANT

Candlelight Christmas Eve Service (SMC) 1900, 24 Dec
Traditional Protestant Service (SMC) 1100, 25 Dec, 1 Jan

CATHOLIC

Christmas Eve Vigil, (SMC) 1700, 24 Dec
Christmas Day Mass (SMC) 0900, 25 Dec
Catholic Mass (SMC) 1700, 31 Jan
Mary, Mother of God (SMC) 0900, 1 Jan

GOSPEL

Gospel Service (CIC) 1000, 25 Dec, 1 Jan

ORTHODOX

Vespers (SIC) 1800, 24 Dec
Christmas Matins & Divine Liturgy (SIC) 1000, 25 Dec

LATTER DAY SAINTS (LDS)

Latter Day Saints Service (SIC) 0800, 25 Dec, 1 Jan

SERVICE CANCELLATIONS DURING HOLIDAY BLOCK LEAVE (HBL)

25 Dec & 1 Jan (unless stated otherwise)



GLWACH

Community Health: Is it Allergies or the Flu?

Fall is here! Cooler temperatures fill the air. What once were green leaves on the trees are now in different shades of red, orange, and yellow. The change in season also brings illnesses that cause the eyes to water, itch, and become puffy. Soon sniffles, sneezes, and sore throats develop. Are these allergies or is this the flu? Knowing the key differences will help in deciding the best treatment.

What are the ways to prevent allergies and flu? Allergies can be prevented by avoiding allergens such as dust, pollen, pet dander, cigarette smoke, and food. The most effective way to prevent the flu is to get the flu vaccine every year. A flu vaccine is needed this often because flu viruses are constantly changing. It's not unusual for new flu viruses to appear each year. The flu vaccine is formulated to keep up with the flu viruses as they change. Washing hands often, avoiding close contact with someone who has the flu, and covering the mouth when coughing or sneezing are other ways to prevent the flu.

Battle the Winter Blues with Hand Washing: The CDC estimates that 40 million Americans get sick from germs transmitted on dirty hands annually. According to the CDC, keeping your hands clean is one of the most effective things you can do to prevent spread of respiratory illness such as influenza. Hand washing reduces the risk of getting a stomach bug by as much as 47%. Germs can stay alive on hands for up to 3 hours. If you have to use a hand sanitizer, look for one with an alcohol level between 62-95%. Anything below or greater than this range is not considered effective. You have to squirt enough sanitizer out that you can rub your hands for 20 seconds without your hands drying out completely.

Holiday Schedule: GLWACH clinics and staff will be available during the holiday season except for the 26th of December and 02 January. Please ensure if you have vacation plans and cannot make a scheduled appointment during this time, that you reschedule your appointment through the central appointment line at (866) 299-4234. You can find the number and information to our access to care in the brochures that are available.

New Self Care Policy: In December GLWACH will be rolling out a new self-care policy through the pharmacy to enable beneficiaries to obtain over-the-counter (OTC) items to prevent and treat urgent/non-routine conditions without requiring the patient to make an appointment with the provider. OTC items are for beneficiaries and are limited to four(4) self-care items per family every 2 weeks. There will no longer be training required to obtain access to self-care.



Commissary Holiday Hours

- **CHRISTMAS EVE – 07:00 TO 16:00**
- **CHRISTMAS DAY - CLOSED**
- **NEW YEARS EVE – 07:00 TO 19:00**
- **NEW YEARS DAY – CLOSED**
 - **Dec 13th Breakfast at the Commissary 0700-0900**
Healthy and Quick Oatmeal with Yogurt and Nuts
 - **Dec 14th Cookie Decorating at the Commissary**
 - **1000 – 1200 Children of All Ages Welcome!**
 - **Produce Department has Fruit and Veggie Trays Holiday Cherry and Pear Displays**
 - **Meat Department has Holiday Crown and Rib Roast Available for your Holiday Meals**
 - **Deli Department has Meat and Cheese Trays Available: Cookies, Rolls, and Breads from Bakery**



UNCLASSIFIED



The Exchange

David E. Swenson, General Manager
22 November 2016

Installation Management Command integrates and delivers
base support to enable readiness for a globally-responsive Army

We are the Army's Home

Serving the Rugged Professional

Exchange Holiday Schedule



FT. LEONARD WOOD - HOLIDAY BLOCK LEAVE 2016/2017

Facility	17 Dec.	18 Dec.	19 Dec.	20 Dec.	21 Dec.	22 Dec.	23 Dec.	24 Dec.	25 Dec.	26 Dec.	27 Dec.	28 Dec.	29 Dec.	30 Dec.	31 Dec.	1 Jan.	2 Jan.	3 Jan.
Main Exchange	0800-1900	0900-1900	0900-1900	0900-1900	0900-1900	0900-1900	0900-1900	0800-1700	CLOSED	0900-1900	0900-1900	0900-1900	0900-1900	0900-1900	1000-1900	1000-1800	0900-1800	0900-1900
Furniture Store	1000-1600	1000-1600	1000-1600	1000-1600	1000-1600	1000-1600	1000-1600	1000-1600	CLOSED	1000-1600	1000-1600	1000-1600	1000-1600	1000-1600	1000-1600	CLOSED	1000-1600	1000-1600
Military Clothing Sales	1000-1700	1000-1700	CLOSED	1000-1600	1000-1600	1000-1600	1000-1600	1000-1600	CLOSED	CLOSED	1000-1600	1000-1600	1000-1600	1000-1600	1000-1600	CLOSED	CLOSED	1000-1600
Class Six	1000-1600	1000-1600	1000-1800	1000-1800	1000-1800	1000-1800	1000-1800	1000-1800	CLOSED	1000-1700	1000-1800	1000-1800	1000-1800	1000-2000	1000-2000	CLOSED	1000-1700	1000-1800
North Express	0700-2200	0700-2200	0700-2100	0700-2100	0700-2100	0700-2100	0700-2100	0700-1800	GAS ONLY	0700-2100	0700-2100	0700-2100	0700-2100	0700-2100	0700-2100	0700-2100	0700-2100	0700-2100
South Express	0800-1600	0800-1600	0800-1600	0800-1600	0800-1600	0800-1600	0800-1600	0800-1600	GAS ONLY	0800-1600	0800-1600	0800-1600	0800-1600	0800-1600	0800-1600	0800-1600	0800-1600	0800-1600
Reception	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	1000-1700	1000-1700	CLOSED	CLOSED	1000-1700	1000-1700
Hospital Express	CLOSED	CLOSED	0900-1400	0900-1400	0900-1400	0900-1400	CLOSED	CLOSED	CLOSED	CLOSED	0900-1400	0900-1400	0900-1400	CLOSED	CLOSED	CLOSED	CLOSED	0900-1400
Bookstore	CLOSED	CLOSED	0730-1300	0730-1300	0730-1300	0730-1300	0730-1300	CLOSED	CLOSED	CLOSED	0730-1300	0730-1300	0730-1300	0730-1300	CLOSED	CLOSED	CLOSED	0700-1300
Troop Store 835	1400-1900	1100-1830	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Troop Store 639	by appt.	by appt.	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Troop Store 744	1330-2000	1100-1930	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Troop Store 1026	1100-1900	1000-1800	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Manchu Wok	1000-1900	1000-1900	1000-1700	1000-1700	1000-1700	1000-1500	1000-1500	1000-1500	CLOSED	1000-1400	1000-1400	1000-1400	1000-1400	1000-1400	1000-1400	1000-1400	1000-1800	1000-1800
Anthony's Pizza	1030-1900	1030-1900	1000-1800	1000-1800	1000-1800	1000-1800	1000-1800	1000-1500	CLOSED	1000-1700	1000-1700	1000-1700	1000-1700	1000-1700	1000-1700	1000-1700	1000-1800	1000-1800
Charley's Steakery	0900-1900	0900-1900	1000-1700	1000-1700	1000-1700	1000-1700	1000-1700	1000-1500	CLOSED	1000-1600	1000-1600	1000-1600	1000-1600	1000-1600	1000-1600	1000-1600	1000-1800	1000-1800
Einstein's Bagels	0800-1500	0800-1500	0800-1100	0800-1100	0800-1100	0800-1100	0800-1100	0800-1100	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Baskin Robbins	1100-1800	1100-1800	1100-1800	1100-1800	1100-1700	1100-1700	1100-1700	1100-1500	CLOSED	1100-1600	1100-1600	1100-1600	1100-1600	1100-1600	1100-1600	1100-1600	1100-1800	1100-1800
Abrams Theater	1600:CLOSE	1530:CLOSE	CLOSED	CLOSED	CLOSED	CLOSED	1830:CLOSE	1100:CLOSE	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	1830:CLOSE	1100:CLOSE	1300:CLOSE	CLOSED	CLOSED
Starbucks	0800-1500	0800-1500	0700-1600	0700-1600	0700-1600	0700-1600	0700-1600	0800-1500	CLOSED	0800-1500	0700-1600	0700-1600	0700-1600	0700-1600	0800-1500	CLOSED	0800-1500	0700-1600
Burger King	0700-2000	0800-1800	0700-1700	0700-1700	0700-1700	0700-1700	0700-1700	0700-1500	CLOSED	0700-1700	0700-1700	0700-1700	0700-1700	0700-1700	0700-1500	CLOSED	0700-1700	0700-1700
Mobiles	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Blimpie	CLOSED	CLOSED	0800-1400	0800-1400	0800-1400	0800-1400	0800-1400	CLOSED	CLOSED	CLOSED	0800-1400	0800-1400	0800-1400	0800-1400	CLOSED	CLOSED	CLOSED	0800-1400
MSCoE Eatery	CLOSED	CLOSED	0630-1400	0630-1400	0630-1400	0630-1400	0630-1400	CLOSED	CLOSED	CLOSED	0630-1400	0630-1400	0630-1400	0630-1400	CLOSED	CLOSED	CLOSED	0630-1400
Seattle's Best Coffee	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Boston Market	1000-1900	1000-1900	1000-1700	1000-1700	1000-1700	1000-1700	1000-1700	1000-1500	CLOSED	1000-1600	1000-1600	1000-1600	1000-1600	1000-1600	1000-1600	1000-1600	1000-1800	1000-1800
Dunkin Donuts	0700-1500	0700-1500	0600-1500	0600-1500	0600-1500	0600-1500	0600-1500	0700-1400	CLOSED	0700-1500	0700-1500	0600-1500	0600-1500	0600-1500	0600-1400	CLOSED	0600-1600	0500-1700
Main Exchange Concessions	0900-1800	0900-1800	0900-1800	0900-1800	0900-1800	0900-1800	0900-1800	0900-1600	CLOSED	0900-1700	0900-1700	0900-1700	0900-1700	0900-1700	0900-1700	CLOSED	0900-1800	0900-1800
Main Exchange Optometry	0900-1800	0900-1800	0900-1800	0900-1800	0900-1800	0900-1800	0900-1800	CLOSED	CLOSED	0900-1700	0900-1700	0900-1700	0900-1700	0900-1700	0900-1700	CLOSED	0900-1800	0900-1800
Mini Mall Concessions	0900-1900	0900-1900	0900-1900	0900-1900	0900-1900	0900-1900	0900-1900	0900-1600	CLOSED	0900-1600	0900-1600	0900-1600	0900-1600	0900-1600	0900-1600	CLOSED	0900-1900	0900-1900
Pizza Hut	1000-2400	1000-2400	1000-2200	1000-2200	1000-2200	1000-2200	1000-2400	1000-1900	CLOSED	1000-2200	1000-2200	1000-2200	1000-2200	1000-2400	1000-2400	1000-2200	1000-2200	1000-2200



UNCLASSIFIED

Family & MWR Upcoming Holiday Events

- **MWR Holiday Block Leave Hours**
 - MWR will have areas of limited staff and reduced hours for HBL
 - Hours of Operation available online
- **Trees for Troops ~ Free Trees**
 - Dec 2, Auto Skills Center
 - Dec 2 - 4 Service Members & Spouses.
 - Dec 5 all authorized personnel
- **Cards for the Community**
 - Dec 2 last day to register
 - All cards displayed at Joint Service Park
 - Winners announced at Tree Lighting
- **Tree Lighting / Winter Wonderland**
 - Dec 6, Joint Services Park
 - 5:30p.m. – 7p.m. ~ No Cost



Family & MWR Upcoming Holiday Events

- **Army Navy Run & Game**
 - Dec 10, No Cost
 - Run ~ 8a.m. at Davidson Fitness Cntr
 - Game ~ 10a.m. at Gerlach Field
- **Winter Golf Tour Scramble**
 - Dec 17, Piney Valley Golf Course
 - 10a.m., \$35/person / 2 person scramble
- **Candy Cane Toss**
 - Dec 21, FLW Housing areas
 - Starting at 2p.m. ~ hear the sirens, come out to great Santa
- **Holiday Sales**
 - Dec 1-19 ~ Bowling Pro Shop
 - Dec 3 – Golf Pro Shop

Traveling this Holiday Season?
Make LEISURE TRAVEL your 1-Stop Shop!
M-F, 8a.m. – 5p.m. in the PX Mini Mall



UNCLASSIFIED



End of Brief



UNCLASSIFIED