DEPARTMENT OF THE ARMY
HEADQUARTERS, UNITED STATES ARMY RESERVE COMMAND
1401 DESHLER STREET SW
FORT MCPHERSON, GA 30330-2000

REPLY TO
ATTENTION OF:

AFRC-TRI (350)

24 FEB 2003

MEMORANDUM FOR Commanders, USARC Major Subordinate Commands and Installations

SUBJECT: Policy Letter – Frequency of the Record Army Physical Fitness Test (APFT) for the United States Army Reserve (USAR)

1. Reference AR 350-41, Training In Units, 19 Mar 93.

2. This policy letter changes the frequency of the record APFT for USARC troop program unit (TPU) soldiers from an annual to a semiannual requirement, in accordance with Army Regulation 350-41.

3. Effective 1 Feb 03 all USARC TPU soldiers will take the APFT at least twice each year with a minimum of four months separating record test. Soldiers who fail a record APFT for the first time or fail to take the APFT within the required period will be flagged according to AR 600-8-2. USARC TPU soldiers that fail a record APFT will be retested not later than six months following APFT failure.

4. For additional information contact MSG Harold P. Estabrooks, (404)-464-8291.

2/23

JAMES R. HELMLY
Lieutenant General, USA
Commanding

CF:
Major General Charles E. Wilson, Deputy Commanding General, US Army Reserve Command
Major General Herbert L. Altshuler, Commander, US Army Civil Affairs and Psychological Operations Command
Brigadier General Robert G.F. Lee, Commander, 9th Regional Support Command
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