DIETARY SUPPLEMENT SAFETY ALERT!

If you are taking “body building” supplements containing these ingredients, stop doing so immediately!

Since Nov 2009, the FDA has informed several dietary supplement companies of products it believes contain ingredients that are steroids. As a result, approximately 100 “body building” supplements containing the following ingredients have been recalled:

“superdrol”
“madol”
“tren”
“androstenedione”
“turinabol”
DIETARY SUPPLEMENT SAFETY ALERT!

Contact your physician if you have/are taking supplements containing these ingredients and experience any side-effects associated with steroids.

Harmful effects associated with steroid use:

- Acute liver injury
- Shrinkage of the testes & male infertility
- Breast enlargement in males
- Masculinization of women
- Short stature in children
- Dyslipidemia
- Increase risk of heart attack, stroke & death
DIETARY SUPPLEMENT SAFETY ALERT!

Recalled Dietary Supplements

- 4Ever Fit D-Drol
- Advanced Muscle Science Dienedrone
- Advanced Muscle Science Liquidrone
- Anabolic Formulation M1, 4AD
- Anabolic Formulations 1, 4 AD
- Anabolic Xtreme Hyperdrol X2
- Anabolic Xtreme 3-AD
- Anabolic Xtreme Hyperdrol X2
- APS (aka Advanced Muscle Science) Mastavol
- APS (aka Advanced Muscle Science) Revamp
- APS (aka Advanced Muscle Science) Ultra Mass Stack
- APS (aka Advanced Muscle Science) Ripped Stack
- BCS Labs Testra-Flex
- Better Body Sports Finadex
- Black China Labs Straight Drol
- Black China Labs Straight Phlexed
- Body Conditioning Solutions TestraFLEX
- Bjorklund Methyldrostanolone
- BOSC Enterprises Epi-Tren
- BOSC Enterprises Magna Drol
- Bromodrol
- Chaparral Labs Pheravol
- Chaparral Labs Pheravol-V
- Competitive Edge Labs M-Drol
- Competitive Edge Labs P-Plex
- Competitive Edge Labs X-Tren
- Diabolic Labs Epio-Plex
- Diabolic Labs Finabolic 50
- Diabolic Labs Revenge
- Dual Action Grow tabs
- Ergopharm 6-OXO
- Ergopharm 6-OXO Extreme
- EST (aka Engineered Sports Technology) MethAnstance
- Extreme Labs Susto-Test Depot
- Fizogen ON Cycle II Hardcore
- G.E.T./Genetic Edge Technologies) SUS-500
DIETARY SUPPLEMENT SAFETY ALERT!

Recalled Dietary Supplements

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Recalled Dietary Supplements

Kilo Sports Massdrol
Kilo Sports Phera-Mass
Kilo Sports Trenadrol
Mass Tabs
Monster Caps Monster Caps
Myogeniz Spawn
Nutra Coastal D-Stianozol
Nutra Coastal H-Drol
Nutra Coastal MDIT
Nutra Coastal S-Drol
Nutra Coastal Trena
Performance Anabolics Methastradrol
Performance Anabolics Tri-Methyl X
Purus Labs E-pol Inslinsifed
Purus Labs Nasty Mass
Rage RV2
Rage RV3
Rage RV4
Rage RV5
Redefine Nutrition Finaflex 550-XD
Redefine Nutrition Finaflex Ripped
Ripped Tabs TR
Transform Supplements Forged Extreme Mass
Transform Supplements Forged Lean Mass
Anabolic Steroids are a Class III Controlled Substance!
The term anabolic steroid means any drug or hormonal substance, chemically and pharmacologically related to testosterone (other than estrogens, progestins, corticosteroids, and dehydroepiandrosterone), and includes:

- $3[\beta],17$-dihydroxy-5a-androstane
- $3[\alpha],17[\beta]$-dihydroxy-5a-androstane
- $5[\alpha]$-androstan-3,17-dione
- 1-androstenediol ($3[\beta],17[\beta]$-dihydroxy-5[alpha]-androst-1-ene)
- 1-androstenediol ($3[\alpha],17[\beta]$-dihydroxy-5[alpha]-androst-1-ene)
- 4-androstenediol ($3[\beta],17[\beta]$-dihydroxy-androst-4-ene)
- 5-androstenediol ($3[\beta],17[\beta]$-dihydroxy-androst-5-ene)
- 1-androstenedione ($5[\alpha]$-androst-1-en-3,17-dione)
- 4-androstenedione (androst-4-en-3,17-dione)
- 5-androstenedione (androst-5-en-3,17-dione)
- bolasterone ($7[\alpha],17[\alpha]$-dimethyl-17[beta]-hydroxyandrost-4-en-3-one)
- boldenone ($17[\beta]$-hydroxyandrost-1,4-diene-3-one)
- calusterone ($7[\beta],17[\alpha]$-dimethyl-17[beta]-hydroxyandrost-4-en-3-one)
- clostebol (4-chloro-17[beta]-hydroxyandrost-4-en-3-one)
- dehydrochloromethyltestosterone (4-chloro-17[beta]-hydroxy-17[alpha]-methyl-androst-1,4-dien-3-one)
- [Delta]1-dihydrotestosterone (a.k.a. '1-testosterone') ($17[\beta]$-hydroxy-5[alpha]-androst-1-en-3-one)
- 4-dihydrotestosterone ($17[\beta]$-hydroxy-androstan-3-one)
- drostanolone ($17[\beta]$-hydroxy-2[alpha]-methyl-5[alpha]-androstan-3-one)
- ethylestrenol ($17[\alpha]$-ethyl-17[beta]-hydroxyestr-4-ene)
- fluoxymesterone (9-fluoro-17[alpha]-methyl-11[beta],17[beta]-dihydroxyandrost-4-en-3-one)
- formebolone (2-formyl-17[alpha]-methyl-11[alpha],17[beta]-dihydroxyandrost-1,4-dien-3-one)
- furazabol ($17[alpha]$-methyl-17[beta]-hydroxyandrostano[2,3-c]-furazan)
- $13[\beta]$-ethyl-17[alpha]-hydroxygon-4-en-3-one
- 4-hydroxytestosterone (4,17[beta]-dihydroxy-androst-4-en-3-one)
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- 4-hydroxy-19-nortestosterone (4,17[beta]-dihydroxy-estr-4-en-3-one)
- mestanolone (1[alpha]-methyl-17[beta]-hydroxy-5-androstan-3-one)
- mesterolone (1[alpha]methyl-17[beta]-hydroxy-[5[alpha]]-androst-3-one)
- methandienone (17[alpha]-methyl-17[beta]-hydroxyandrost-1,4-dien-3-one)
- methandriol (1[alpha]-methyl-17[beta]-hydroxy-5a-androst-3-one)
- methenolone (1-methyl-17[beta]-hydroxy-5[alpha]-androst-1-en-3-one)
- 17[alpha]-methyl-3[beta], 17[beta]-dihydroxy-5a-androstane
- 17[alpha]-methyl-3[alpha], 17[beta]-dihydroxy-5a-androstane
- 17[alpha]-methyl-3[beta], 17[beta]-dihydroxyandrost-4-ene
- 17[alpha]-methyl-4-hydroxynandrolone (17[alpha]-methyl-4 hydroxy-17[beta]-hydroxyestr-4-en-3-one)
- methyltrienolone (17[alpha]-methyl-17[beta]-hydroxyestra-4,9,11-trien-3-one)
- methyltestosterone (17[alpha]-methyl-17[beta]-hydroxyandrost-4-en-3-one)
- mibolerone (7[alpha], 17[alpha]-dimethyl-17[beta]-hydroxyestr-4-en-3-one)
- 17[alpha]-methyl-3[Delta]1-dihydrotestosterone (17b[alpha]-hydroxy-17[alpha]-methyl-5[alpha]-androst-1-en-3-one) (a.k.a. '17-[alpha]-methyl-1-testosterone')
- nandrolone (17[beta]-hydroxyestr-4-en-3-one)
- 19-nor-4-androstenediol (3[beta], 17[beta]-dihydroxyestr-4-ene)
- 19-nor-4-androstenediol (3[alpha], 17[beta]-dihydroxyestr-4-ene)
- 19-nor-5-androstenediol (3[beta], 17[beta]-dihydroxyestr-5-ene)
- 19-nor-5-androstenediol (3[alpha], 17[beta]-dihydroxyestr-5-ene)
- 19-nor-4-androstenedione (estr-4-en-3,17-dione)
- 19-nor-5-androstenedione (estr-5-en-3,17-dione)
- norbolethon (13[beta], 17[alpha]-diethyl-17[beta]-hydroxygon-4-en-3-one)
Anabolic Steroids are a Class III Controlled Substance!

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- norclostebol (4-chloro-17[beta]-hydroxyestr-4-en-3-one)
- norethandrolone (17[alpha]-ethyl-17[beta]-hydroxyestr-4-en-3-one)
- normethandrolone (17[alpha]-methyl-17[beta]-hydroxyestr-4-en-3-one)
- oxandrolone (17[alpha]-methyl-17[beta]-hydroxy-2-oxa-[5[alpha]]-androst-4-en-3-one)
- oxymesterone (17[alpha]-methyl-4,17[beta]-dihydroxyandrost-4-en-3-one)
- oxymetholone (17[alpha]-methyl-2-hydroxymethylene-17[beta]-hydroxy-[5[alpha]]-androst-4-en-3-one)
- stanozolol (17[alpha]-methyl-17[beta]-hydroxy-[5[alpha]]-androstan-2-eno[3,2-c]-pyrazole)
- stenbolone (17[beta]-hydroxy-2-methyl-[5[alpha]]-androstan-1-en-3-one)
- testolactone (13-hydroxy-3-oxo-13,17-secoandrosta-1,4-dien-17-oic acid lactone)
- testosterone (17[beta]-hydroxyandrost-4-en-3-one)
- tetrahydrogestrinone (13[beta], 17[alpha]-diethyl-17[beta]-hydroxygon-4,9,11-trien-3-one)
- trenbolone (17[beta]-hydroxyestr-4,9,11-trien-3-one)

Added DEC 2009:
- boldione (androsta-1,4-diene-3,17-dione)
- desoxymethyltestosterone (17[alpha]-methyl-5[alpha]-androst-2-en-17[beta]-ol) (a.k.a., madol)
- 19-nor-4,9(10)-androstadienedione (estra-4,9(10)-diene-3,17-dione)
Legal Actions for **Possession, Distribution and Use of Illegal Substances (Steroids)**

Anabolic Steroids are considered a Schedule III Controlled Substance pursuant to the Controlled Substance Act of 2004

- **Possession or Use of Schedule III Substances**
  MAX Punishment under UCMJ (court martial): 5 years in prison, Reduction to E-1, Total Forfeiture, Dishonorable Discharge

- **Possession with Intent to Distribute or Actual Distribution of Schedule III Substances**
  MAX Punishment under UCMJ (court martial): 5 years in prison, Reduction to E-1, Total Forfeiture, Dishonorable Discharge

- Additionally, Commanders of Soldiers who posses, use or distribute illegal drugs (e.g., steroids) must, by regulation, initiate administrative separation proceedings against the Soldier.