

The appearance of hyperlinks does not constitute endorsement by the U.S. Army of the web sites or the information, products or services contained therein. For other than authorized activities such as military exchanges and Morale, Welfare and Recreation sites, the U.S. Army does not exercise any editorial control over the information you may find at these locations. Such links provided are consistent with the stated purpose of this DoD web site.

**No federal endorsement of sponsors intended.
All information published herein is subject to change without notice.**



Community Resources

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Community FIRST (Feedback, Issues, Resolutions, Solutions, Today):	Focuses on constituents. This is a quarterly resolution process for issues that cannot be resolved using ICE. Quarterly focus groups are conducted, covering each constituent once a year.			Customer Relationship Management Program	573 563 5114/563-5020		<input type="checkbox"/>	
Interactive Customer Evaluation (ICE):	Immediate Service Provider resolution process focusing on individuals. Customers send feedback directly to Service Provider Manager (SPM) and direct response from SPM to customer if requested. There are 130 Service Providers on Fort Leonard Wood (FLW).			Customer Relationship Management Program	573 563 5114	http://ice.disa.mil/index.cfm?fa=site&site_id=447&dep=DoD	<input type="checkbox"/>	
University of Missouri Extension Office	Extension service does research and provides education to people on a wide variety of subjects. Often times they teach about nutrition and gardening resources in the state.	Adult Education	Health Education	Mizzou Extension-Pulaski County	573-774-6177	http://extension.missouri.edu/pulaski	<input checked="" type="checkbox"/>	
Army Family Team Building (AFTB): Level III	Level III focuses on professional growth, identifying strengths and weaknesses, and building on the positive attributes that will make you an effective leader.	Adult Education	Parent/Family Support		573-596-0212 ext 61671	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Army Family Team Building (AFTB): Command Spouse Seminar	Seminars are designed to help Spouses understand the roles and responsibility that their Soldier have and offer tools and skills to help them in their perspective roles in order to support their Soldiers, their Families and themselves.	Adult Education	Educational Resource		573-596-0212 ext 61671	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Family Readiness Group Liaison:	This training covers FRG basics, regulations, communication, key callers, managing funds, volunteers, etc.	Adult Education	Deployment Support		573-596-0212 ext 61671	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Army Family Team Building (AFTB): Level II	Level II expands skills needed for managing deployment stress, communicating effectively, and developing resiliency skills.	Adult Education	Relationship Building		573-596-0212 ext 61671	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Stress Management:	This class is designed to teach identifying stressors. Students will learn creative ways to minimize and cope with stress. Other topics include: effective time management, foods that reduce stress and techniques that for managing your busy lifestyle.	Adult Education	Educational Resource		573-596-0212 ext 64274	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Army Family Team Building (AFTB): Drill Sergeant Spouse Seminar	Seminars are designed to help Spouses understand the roles and responsibility that their Soldier have and offer tools and skills to help them in their perspective roles in order to support their Soldier, their Families and themselves.	Adult Education	Educational Resource		573-596-0212 ext 61671	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Army Emergency Relief (AER) Loans/Grants:	Interest free loans or grants for money emergencies. Money can be used to help pay for: basic living needs, emergency leave, funeral costs or other approved costs. Applicants must meet eligible to apply.	Adult Education	Financial Assistance		573-596-0212 ext 63154	http://www.aerhq.org/dnn563/	<input type="checkbox"/>	ACS
Army Family Team Building (AFTB): Level I	Level I provides training on basic military concepts, Family Readiness Groups, financial readiness, problem solving, and much more!	Adult Education	Educational Resource		573-596-0212 ext 61671	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Love & Logic:	Class designed for military families with children from newborn to 6 years old. Parents will learn to how to parent without anger, threats, and many warnings.	Adult Education	Parenting Education		573-596-0212 ext 64274	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Couples in Arms	A relationship workshop will teach couples how to talk without fighting. Learn to support and build a relationship that lasts.	Adult Education	Educational Resource		573-596-0212 ext 64274	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Army Substance Abuse Program Prevention Services:	Provides a wide range of substance abuse prevention education to military units, and organizations that serve the military community. Classes, displays, video resources and drunk driving prevention resources are available.	Adult Education	Substance Abuse	Prevention Coordinator	573-596-0119		<input type="checkbox"/>	Army Substance
Anger Danger:	Anger management class will teach coping with hassles and stress. Topics include: what is anger, what causes anger, how to stress less and controlling your anger.	Adult Education	Behavioral Health		573-596-0212 ext 64274	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Operation US	Our mission is to provide high quality, affordable relationship education to residents of Southwest Missouri. Classes on parenting, marriage, committed relationships, anger management and handling unemployment are offered. Classes typically do have a fee.	Adult Education	Parenting Education	Operation US:	417-823-3469	http://murneyclinic.org/operationus/	<input checked="" type="checkbox"/>	
Saving and Investing	A class designed for those interested in consistent saving and ways to invest their money. Discussions about plans such as: TSP, IRA's, savings, among other methods.	Adult Education			573-596-0212 ext 62078	www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Sexaholics Anonymous (SA):	Sexaholics Anonymous is a program of recovery for people that struggle with lust or sexual addictions. The program is a 12 step recovery program. The goal of the program is to help members achieve sexual sobriety.	Adult support	Support Groups	Sexaholics Anonymous	1-866-424-8777	http://www.sa.org	<input checked="" type="checkbox"/>	
Clarity Recovery of Springfield:	Mission is to provide quality substance abuse or addiction rehabilitation services.	Alcohol Addiction	Substance Abuse	Clarity Recovery Springfield	417-862-3339	http://clarityrecovery.org/	<input checked="" type="checkbox"/>	
Al-Anon/Alateen	An international fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems.	Alcohol Addiction	Substance Abuse	Alateen/Al-Anon Springfield:	Alateen/Al-Anon Springfield: 417-885-9114, Narcotic's Anonymous: 1-800-945-4673, Meeting Information Line: 1-888-425-2666	www.al-anon.alateen.org , www.midmissourina.org , http://www.missouri-al-anon.org/	<input checked="" type="checkbox"/>	
Alcoholics Anonymous (AA):	An international mutual aid movement claiming more than two million members, declaring its primary purpose is to stay sober and help other alcoholics achieve sobriety.	Alcohol Addiction	Behavioral Health	AA of Central Missouri:	573-442-4424	http://www.d12aa.org/	<input checked="" type="checkbox"/>	
State Department of Mental Health, Alcohol and Drug Abuse:	Plans and funds prevention, treatment and rehabilitation programs for alcohol and other drug abuse. Responsible for assuring the availability of substance abuse prevention, treatment, and recovery support services for the State of Missouri	Alcohol Addiction	Substance Abuse	Missouri Department of Mental Health: Alcohol and Drug Abuse:	573-751-4942 1-800-575-7480	http://dmh.mo.gov/ada	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Salvation Army:	Provides a variety of services to those in need. Its objects are 'the advancement of the Christian religion... of education, the relief of poverty, and other charitable objects beneficial to society or the community of mankind as a whole.'	Alcohol Addiction	Substance Abuse	Salvation Army Rolla:	573-308-1000	http://www.salvationarmy.org	<input checked="" type="checkbox"/>	
Missouri Department of Mental Health, Division of Behavioral of Health	The single state agency responsible for overseeing a statewide network of publicly-funded substance abuse prevention, treatment, and recovery support services. Also provides psychiatric services.	Alcohol Addiction	Substance Abuse		573-751-4942		<input checked="" type="checkbox"/>	
Cox Health Center for Addictions:	A hospital-based treatment center operating with the philosophy and goal of providing quality care and programs for those whose lives have been affected by addictive disease.	Alcohol Addiction	Substance Abuse		417-269-2273	http://www.coxhealth.com/body.cfm?id=1897	<input checked="" type="checkbox"/>	
Auto Crafts:	Offers: 9 flat car bays 5 lift car bays, mechanics, a vehicle storage lot, a coin operated car wash, a computerized and manual information center, safety equipment (eye and ear protection, OSHA eye wash areas), car care classes and on site car repair	Arts and Crafts	Motorcycle / Automobile Safety	Auto Craft Shop	573-596-0243	http://www.fortleonardwoodmwr.com/auto.php	<input type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Framing & Engraving Shop:	Offers custom engraving, framing and matting services, along with a complete line of mats and frames. Whether it be a special award, a child's drawing or a priceless print, let the MWR Framing and Engraving Shop preserve your memories.	Arts and Crafts			573-596-0242		<input type="checkbox"/>	MWR
House Next Door	A place where Family Members of Service Members can meet to learn new skills and make new friends. Available at no cost for spouses to enjoy. Classes include cooking, sewing, ceramics, embroidery, FREE Yard Sale, bingo, basket weaving, and Gowns Galore.	Arts and Crafts		Army Community Service (ACS)	573-596-0212	www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Pathways 24-Hour Crisis Hotline:	Pathways Community Health is a not-for-profit community mental health center providing a full continuum of mental health care and access to services in Missouri	Behavioral Health	Alcohol Addiction	Pathways Crisis Hotline:	1-800-833-3915	http://pathwaysonline.org/home	<input checked="" type="checkbox"/>	
Community Mental Health Services (CMHS):	Identify personnel who are mentally fit for duty IAW Ch. 2, AR 40-501 standards. Recommend that command consider separation if necessary. Provide support counseling for Perm Party at their Brigade for ease of access to care. Emergency care as needed	Behavioral Health			573-596-0522		<input type="checkbox"/>	GLWACH

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Veterans Administration Post Traumatic Stress Disorder Web:	The mission is to advance the clinical care and social welfare of Veterans and others who have experienced trauma or suffer from PTSD, through research, education, and training in the science, diagnosis, and treatment of PTSD and stress-related disorders.	Behavioral Health	Wounded Warriors	VA PTSD website:	802-296-6300	http://www.ptsd.va.gov/index.asp	<input checked="" type="checkbox"/>	
Missouri Dept of Mental Health:	Exceptional list of resource, including immediate assistance. Particularly noteworthy is the Thinking of Suicide – Read this First Link: (http://www.metanoia.org/suicide/spagebw.htm)	Behavioral Health		Suicide Help webpage: Missouri Mental Health Webpage:	web resource 573-751-8017	http://www.metanoia.org/suicide/spagebw.htm http://www.dmh.mo.gov/mentalillness	<input checked="" type="checkbox"/>	
Network of Care:	A highly interactive, single information place where consumers, community-based organizations and municipal government workers all can go to easily access a wide variety of important information	Behavioral Health	Special Needs	Network of Care:	415-458-5900	http://www.networkofcare.org	<input checked="" type="checkbox"/>	
Ozarks Counseling Center:	Provides quality mental health assistance to men, women, and children of southwest Missouri and the surrounding communities without regard to race, ethnicity, religion, sexual orientation, or socioeconomic considerations.	Behavioral Health	Counseling	Ozark Counseling Center:	417-869-9011	http://www.ozarkscounselingcenter.org	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
National Suicide Prevention Lifeline:	Operates the free 24-hour hotline (1-800-273-TALK) available to anyone in suicidal crisis or emotional distress. Also the Veteran's Crisis Line.	Behavioral Health		National Suicide Prevention Lifeline:	1-800-273-TALK (8255)	http://www.suicidepreventionlifeline.org	<input checked="" type="checkbox"/>	
National Alliance on Mental Illness:	The nation's largest grassroots organization dedicated to improving the lives of individuals and families affected by mental illness through support, education, and advocacy. NAMI is a national organization with state organizations and local affiliates.	Behavioral Health		NAMI:	1-800-950-NAMI (6264) 703-524-7600	http://www.nami.org	<input checked="" type="checkbox"/>	
Missouri Department of Mental Health	Addresses Prevention, Treatment, and Promotion of Public Understanding for Missourians with mental illnesses, developmental disabilities, and addictions. Web site includes many resources, links and directions on where to go for assistance.	Behavioral Health	Special Needs	Department of Mental Health:	573-751-4970	http://www.dmh.mo.gov	<input checked="" type="checkbox"/>	
Piney Ridge Treatment Center:	A 60-bed residential treatment center located in Waynesville, Missouri. Primary Focus: Mental health and substance abuse services.	Behavioral Health	Alcohol Addiction	Piney Ridge:	573-774-5353	http://www.amicarebehavioral.com/piney_mo.htm	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Pathways Community Behavioral Healthcare, Inc:	A not-for-profit community mental health center providing a full continuum of care and access to services across Missouri through 32 office locations. Comprehensive mental health and substance abuse treatment and prevention services to all ages.	Behavioral Health	Alcohol Addiction	Pathways:	573-774-3121	http://www.pathwaysonline.org	<input checked="" type="checkbox"/>	
Forest Institute (Robert J. Murney Clinic):	This is accomplished through community partnerships, an income-based fee structure, individual, couples, family and group therapies, as well as psycho-educational courses.	Behavioral Health	Support Groups	Forest Institute	417-865-8943 Fax (417) 831-6839 Toll-Free (877) 865-8943	http://www.forest.edu	<input checked="" type="checkbox"/>	
Mental Well Being: Behavioral Health	Provide Individual Therapy, Marital Counseling, Child psychology, Psychological testing (by referral only), and Medication Management. Identify personnel who are mentally fit for duty IAW Ch. 2, AR 40-501 standards.	Behavioral Health		General Leonard Wood Army Community Hospital Confidential Reporting Line for Family Violence and Sexual Assault	573-596-1507 573-596-0446	http://glwach.amedd.army.mil/	<input type="checkbox"/>	GLWACH
Chaplain's Office:	Need help? Don't know where to go? Start here! Chaplains provide a safe and confidential place to discuss life issues. If they don't have the resource they can find someone who does! Motto: Nurture the living, care for the wounded and honor the fallen!	Behavioral Health	Culture Connection	Installation Chaplain's Office Family Life Chaplain	573-596-2127 573-596-0088	http://www.wood.army.mil/newweb/garrison/chaplain.html	<input type="checkbox"/>	Chaplains Offices

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
You Are Not Alone: Suicide Prevention Tools for Warriors	If you are experiencing thoughts of suicide, know that you are not alone. Suicide is a medical emergency and care should be sought immediately by calling 911.	Behavioral Health	Counseling	You Are Not Alone:	1-800-273-8255	http://realwarriors.net/active/treatment/suicidesigns.php	<input checked="" type="checkbox"/>	
Traumatic Brain Injuries:	TBI team helps Fort Leonard Wood patients with brain-related problems. Offers a screening program for clients based on consult or referral. Following the TBI screening assessment, clients may be referred to appropriate services within the hospital.	Behavioral Health	Hospital/Medical Services	GLWACH	573-596-0522	http://glwach.amedd.army.mil/	<input type="checkbox"/>	GLWACH
Warm Line:	A hotline operated by trained individuals who have experienced a mental illness, have stabilized, and are in recovery. Provide support, and assistance to others who are not in crisis but are in distress or having symptoms.	Behavioral Health		Warm Line:	877-535-4357	http://www.thehopectr.com	<input checked="" type="checkbox"/>	
Hope Center	Provides resources and place to hangout in Springfield for people with mental health challenges.	Behavioral Health		Hope Center	417-864-3027	http://www.namiswmo.com/services/support/	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Suicide Intervention Training:	ASIST prepares caregivers to provide suicide interventions. Learn to identify people with suicidal thoughts. Understand: beliefs, attitudes and thoughts of suicide and living. Learn to identify risk, develop safety plans and access need for more help.	Behavioral Health		Family Life Chaplain	573-596-2695		<input type="checkbox"/>	Chaplains Offices
Behavioral Health Division	Clinical Behavioral Health	Behavioral Health		Behavioral Health Division: General Leonard Wood Community Hospital	573-596-0522		<input type="checkbox"/>	GLWACH
Southeast Missouri Community Treatment Center:	A community-based, nonmedical provider of supportive residential and outpatient substance abuse, mental health, co-occurring disorders treatment services.	Behavioral Health	Substance Abuse	South East Missouri Behavioral Health:	5733-431-5205	http://www.semoctc.org	<input checked="" type="checkbox"/>	
Basics: In partnership with National Alliance of Mental Illness (NAMI),	This workshop will teach parents about caring for a child who has a brain disorder. Topics include: Crisis Identification and Intervention Techniques, Real Life Situations and Solutions, and Coping Skills.	Behavioral Health		Army Community Service (ACS)	573-596-0212	www.fortleonardwoodmwr.com	<input type="checkbox"/>	
Loan Closet:	Basic household items are available to borrow while Families are in transition. Typical items include pots and pans, dishes, silverware, irons, ironing boards, sleeping pads, port-a-cribs, high chairs, and infant/toddler seats.	Change of Duty Station			573-596-0212 ext 64950	www.fortleonardwoodmwr.com.acs.php	<input type="checkbox"/>	ACS

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Babysitter Training:	Classes provided in the Child and Youth center to ensure for safe care of children, prevention of disease and proper administration of approved medications.	Child Care	Employment Services		573-596-0238/0421		<input type="checkbox"/>	CYS
Missouri Child Care Aware Resource Network:	Coordinates the activities and services of child care resource and referral agencies throughout Missouri.	Child Care		MO Child Care Aware:	1-800-200-9017	http://www.mo.childcareaware.org/	<input checked="" type="checkbox"/>	
Full Day Care:	Full day child care provided for ages six weeks through Kindergarten. The programs operational hours are Monday through Friday 0530-1730	Child Care	Youth Programs/Services		573-596-0210/0197	http://www.fortleonardwoodmwr.com/cys_childcare.php	<input type="checkbox"/>	CYS
SKIES Instructional Programs: (School of Knowledge, Inspiration, Exploration, and Skills)	Offers a range of classes, e.g., music, dance, martial arts, gymnastics, technology, life skills and SAT prep designed to complement and support the academic, life skills and athletic experiences children have within Army CYS Services and Schools.	Child Care	Sponsorship	SKIES	573-563-3006 573-596-0200	http://www.fortleonardwoodmwr.com/skies.php	<input type="checkbox"/>	CYS
Middle School/Teen Program	The program offers a wide range of activities including open recreation, dances, lock-ins, trips and camps.	Child Care	Youth Programs/Services		573-596-0209	www.fortleonardwoodmwr.com	<input type="checkbox"/>	CYS

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Character Counts (CC)! (by Josephson Institute)	CC promotes dialogue about life issues and personal belief systems. Students learn to apply ethical and moral principles. Youth age 3 to 18 years are eligible for this program.	Child Care	Culture Connection	School Age Services	573-596-0238/0421	http://www.fortleonardwoodmwr.com/cys_childcare.php#cdc	<input type="checkbox"/>	MWR
Parent to Parent Cadre:	Provides informative and interactive workshops to groups. The team members have personal experience supported by research. They share practical ideas, proven techniques, and solid resources to support the military parents/guardians of school-age children.	Child Care			573-596-0200/0357		<input type="checkbox"/>	CYS
Family Child Care: Extended Hours Care, Evening Care, Full Day Care, Hourly Care, Long Term Care, Part Day Care, and Weekend Care:	A professional quarters based system offering care to children ages 4 weeks through 12 years. The program provides high quality care in a home style setting with a limited number of children. Children must be registered with CYS Services.	Child Care			573-596-0185	www.fortleonardwoodmwr.com	<input type="checkbox"/>	CYS
Child, Youth & School (CYS) Services Headquarters	Headquarters for CYS services.	Child Care			573-596-0200	www.fortleonardwoodmwr.com/cys.php	<input type="checkbox"/>	CYS
National Association of Child Care Resource & Referral Agencies:	Works with over 700 state and local Child Care Resource and Referral agencies nationwide covering 99% of all US zip codes	Child Care	Parent/Family Support	ChildCare Aware:	703-341-4100	http://www.naccrra.org	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
GSA and U.S. Army Partnership for Affordable Child Care:	Qualifying members can use any Federal Child Care Center and will be eligible for child rates comparable to those charged as if they were receiving care at a military facility. The benefit is nontaxable and is paid directly to the child care facility.	Child Care			816-823-4578	http://www.gsa.gov/childdcare	<input checked="" type="checkbox"/>	
CYSitters:	Formal training for teens and adults who babysit children ages 6 weeks to 12 years. Teaches skills for safe care of children includes First Aid and CPR. CYSitters receive a certificate of completion and may be listed on the CYS babysitter referral list.	Child Care			573-596-0238/0421	www.fortleonardwoodmwr.com	<input type="checkbox"/>	CYS
Play Morning:	Open play time designed to help children develop gross and fine motor skills. Children from newborn to age five are eligible. Parents and children interact together and with other children and their parents.	Child Playtime	Support Groups		573-596-0212 ext 64274	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Kids on Site:	This program offers short term hourly child care for Families using/attending FMWRC and Command sponsored events e.g., Family Readiness Groups, memorial Services, etc. The program is provided by CYS Services employees in a variety of settings.	Child Playtime	Child Care		573-596-0238	www.fortleonardwoodmwr.com	<input type="checkbox"/>	CYS

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Bright Start	Play group will help develop fine and gross motor skills, boost verbal and visual recognition, and promote social skills. Children from newborn through three years are eligible.	Child Playtime	Parenting Education		573-596-0212 ext 64274	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Head Start:	Helps preschoolers develop the early reading and math skills they need to be successful in school. Provides comprehensive child development services to children and families that are economically disadvantaged.	Child reading and crafts	Child Playtime	Head Start National: Local Head Start Register Your Child in Headstart:	1-866-763-6481 573-765-3263 x140 1-866-763-6481	http://eclkc.ohs.acf.hhs.gov/hslc http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/family/for-families/Inside%20Head%20Start/Frequently%20Asked%20Questions%20%28FAQs%29/Howd	<input checked="" type="checkbox"/>	
Military Family Life Consultant (MFLC)	Consultations are free and confidential, no records are kept. Consults can address many topics that include, stress management, coping skills, relationship problems, communication, loss and grief, etc. MFLC changes every 90 days.	Counseling	Family Advocacy Program	MFLC 3rd Chem	573-934-5328	http://www.fortleonardwoodmwr.com/mflc.php	<input type="checkbox"/>	ACS
Employee Assistance Program (EAP):	Confidential screening, short-term counseling and referral services for a wide range of personal issues including substance abuse. For more information call or stop by.	Counseling	Adult Education	EAP	573-596-0119		<input type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Military Family Life Consultant (MFLC)	Consultations are free and confidential, no records are kept. Consults can address many topics that include, stress management, coping skills, relationship problems, communication, loss and grief, etc. MFLC changes every 90 days.	Counseling	Family Advocacy Program	MFLC for 14th MP & 1st EN	573-934-5446	http://www.fortleonardwoodmwr.com/mflc.php	<input type="checkbox"/>	ACS
Military Family Life Consultant (MFLC)	Consultations are free and confidential, no records are kept. Consults can address many topics that include, stress management, coping skills, relationship problems, communication, loss and grief, etc. MFLC changes every 90 days.	Counseling	Family Advocacy Program	MFLC	573-979-7838	http://www.fortleonardwoodmwr.com/mflc.php	<input type="checkbox"/>	ACS
Military Family Life Consultant (MFLC)	Consultations are free and confidential, no records are kept. Consults can address many topics that include, stress management, coping skills, relationship problems, communication, loss and grief, etc. MFLC changes every 90 days.	Counseling	Family Advocacy Program	MFLC for 94th and all Tenant Units	573-934-6813	http://www.fortleonardwoodmwr.com/mflc.php	<input type="checkbox"/>	ACS
Waynesville Recreational Opportunities:	There's fun for all ages in Waynesville whether you like to fish for that lunger, scuba dive in the internationally known Roubidoux Spring Cave, swim at the city pool or explore Civil War history.	Culture Connection	Sports	Waynesville Tourism:	web resource	http://www.visitpulaskicounty.org/waynesville.asp#top_list	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Phelps for the Fort:	A joint effort of the Rolla and St. James Chambers of Commerce, who have partnered with the Association of the United States Army (AUSA) to direct Phelps County's response to the opportunities presented by the anticipated growth of Ft. Leonard Wood.	Culture Connection		Phelps for the Fort:	573-364-3577	http://www.rollachamber.org/the-chamber/committees	<input checked="" type="checkbox"/>	
Lebanon City Hall:	A comprehensive web site providing a wealth of information for residents and visitors including, parks, the civic center, education, and tourism (including a visitor's guide).	Culture Connection	Educational Resource	Lebanon City Hall	417-532-2156	http://www.lebanonmissouri.org/directory.aspx	<input checked="" type="checkbox"/>	
St. Robert Missouri Web Site:	Features a variety of information on recreation, parks, community center and general community information. http://saintrobert.com/	Culture Connection		City of Saint Robert	573-451-2000	http://saintrobert.com/	<input checked="" type="checkbox"/>	
The Better Opportunities for Single Service Members (BOSS) Program	Works to progress and improve the quality of life for single service members (bachelors, geographical bachelors and single parents) on FLW. Through social, recreational, educational events, community service projects and leadership developing activities.	Culture Connection	Entertainment	BOSS	573-596-0131	www.fortleonardwoodmwr.com/boss.php	<input type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Operation Military Kids:	The U.S. Army's collaborative effort with America's communities to support youth impacted by deployment. OMK's goal is to connect military children with local resources in order to achieve a sense of community support and enhance their well-being.	Deployment Support		Operation Mil Kids:	1-800-504-4098	http://www.operationmilitarykids.org/public/home.aspx	<input checked="" type="checkbox"/>	
Rear Detachment Commander Training:	This training covers basics for Rear Detachment Commanders, focusing on support to families during deployment.	Deployment Support			573-596-0212 ext 64274	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Care Team Training	This training is for Care Team volunteers in the unit that will stand up in the event of a crisis situation for a unit family. Training focuses on understanding grief, appropriately providing assistance, and supporting the family.	Deployment Support			573-596-0212 ext 60195	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Deployment Support:	Provide Individual, Marital, Family and Group interventions to assist military active duty and family members through pre-deployment, sustainment and post deployment phases of the deployment cycle.	Deployment Support			573-596-0212 ext 61671	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Post-Deployment Training for Families:	Training is focused on reunion of spouse and children with SM. Post-Deployment Spouse Battlement. Coping with change and financial issues.	Deployment Support	Relationship Building		573-596-0212 ext 61671	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Division of Child Support Enforcement (State of Missouri):	Assists with locating parents, establishing paternity, establishing child and medical support orders. Monitoring and enforcing compliance with child and medical support orders, modification of support orders and distributing support collections.	Divorce and Separation	Financial Assistance	Child Support Enforcement	1-800-859-7999	http://www.dss.mo.gov/cse	<input checked="" type="checkbox"/>	
Divorce Care:	Offers support groups throughout the USA and other countries.	Divorce and Separation	Support Groups	Divorce Care	800-489-7778	http://www.divorcecare.com	<input checked="" type="checkbox"/>	
Family Law Brief	Mandatory brief for divorce/separation, child/spousal support, child custody and 608-99 mandatory support.	Divorce and Separation	Legal Support	OSJA, Legal Assistance	573-596-0629		<input type="checkbox"/>	Legal/ Staff Judge
Pulaski County Kid's Harbor:	A multifunctional program responding to reports of child abuse serving ten counties in Missouri. Provide a child-friendly atmosphere for children who may be victims of neglect, sexual, physical and emotional abuse.	Domestic Violence		Kid's Harbor Too	573-336-8634	http://kidsharbormo.org/	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Confidential Reporting Line for Family Violence and Sexual Assault	A safe confidential place to report: family violence and sexual assaults.	Domestic Violence	Sexual Assault Prevention		573-596-0446		<input type="checkbox"/>	GLWACH
COPE House:	A not-for-profit agency in Lebanon, Missouri that provides safe shelter and related services to victims of domestic violence and their children.	Domestic Violence		COPE House:	417-532-2885	http://copeoflebanon.com/	<input checked="" type="checkbox"/>	
Council of Churches of the Ozarks:	A variety of services and agencies including support for abused and neglected children, a food program, child care resource and referral, handyman services, emergency food and clothing, adult daycare, and an ombudsman program.	Domestic Violence	Child Care	Council of Churches of the Ozarks:	417-862-3586	http://www.ccozarks.org	<input checked="" type="checkbox"/>	
Rape & Abuse Crisis Service:	Provides direct services to persons who are victims of domestic violence, sexual assault and/or stalking. Offers shelter services to provide physical safety and facilitate services for those victims of abuse.	Domestic Violence	Sexual Assault Prevention	RACS' Hotline: Rape and Abuse Crisis Center Columbia, MO:	1-800-303-0013 573 634-4911	http://www.racsjc.org http://racsjc.org/	<input checked="" type="checkbox"/>	
Missouri Department of Social Services (DSS) , Children's Division:	Focuses on Adoption, Foster Care, Child Abuse and Neglect Hotline, Family Centered Services, Intensive In-Home Services	Domestic Violence		Pulaski County DSS Phelps County DSS Texas County DSS Laclede County DSS Green County DSS Dent County DSS Camden County DSS	573-774-6121 573-368-2340 417-967-4551 417-532-3137 417-895-6000 573-729-4137 573-346-3363		<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Ambassadors for Children (Greene County Kid's Closet):	Mission is to enhance the quality of services and support provided to abused and neglected children.	Domestic Violence			417-862-3586	http://www.ambassadors4children.blogspot.com, www.ccozarks.org	<input checked="" type="checkbox"/>	
Social Work Clinic (Family Advocacy):	Deliver Individual, Marital, Family, and Group interventions for Military Families at risk for Child and/or Spousal abuse; assess referred events of Child and Spousal Abuse on or off the installation and provide or refer for appropriate interventions.	Domestic Violence	Social Services		573-596-1507		<input type="checkbox"/>	GLWACH
AARDVARC: An Abuse, Rape, and Domestic Violence Aid and Resource Collection	AARDVARC.org, Inc. - a non-profit organization dedicated to combating family and relationship violence, sexual violence and child abuse. We are a 100% volunteer organization with an annual budget under \$3,000.	Domestic Violence	Sexual Assault Prevention	Pulaski County	Genesis:877-774-2628, Prosecutor's Office Victim Advocate: 573-774-4770	http://www.aardvarc.org/dv/states/modv.shtml	<input checked="" type="checkbox"/>	
Missouri Victim Assistance Network (MoVA):	A non-profit organization whose mission is to promote fair treatment for victims of crime.	Domestic Violence	Support Groups	MoVA	1-800-698-9199	http://www.movanet.org/	<input checked="" type="checkbox"/>	
Russell House:	Provides a variety of services including advocacy, a shelter, counseling, and support groups	Domestic Violence	Support Groups	Russell House:	573-364-0579 1-800-998-8340	http://www.russellhouse.info	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Citizens Against Domestic Violence/Victim Outreach Center (Camdenton):	Provides assistance for a variety of needs (sheltering, donations, individual and family support services).	Domestic Violence		Citizens Against Domestic Violence	1-888-809-7233 573-346-9630 573-346-9600	http://www.cadv-voc.org/	<input checked="" type="checkbox"/>	
Missouri Coalition Against Domestic and Sexual Violence	A statewide membership coalition of organizations and individuals working to end violence against women and their children through direct services and social and systemic change.	Domestic Violence	Sexual Assault Prevention	National Domestic Violence Hotline MO Coalition Against Domestic and Sexual Violence	1-800-799-7233 573-634-4161	http://www.mocadsv.org/Default.aspx www.mocadsv.org	<input checked="" type="checkbox"/>	
Good Samaritan Resource Center and Genesis Center:	A non-denominational Christian organization, operating the Genesis battered women's shelter along with community and emergency services for men, women, and children.	Domestic Violence	Divorce and Separation	Resource Center:	1-877-774-2628	http://www.goodsam-genesis.org/#/our-services/4529239940	<input checked="" type="checkbox"/>	
Missouri Kids First:	A network of individuals, programs, and organizations committed to protecting Missouri's Children by improving the response to child victims and ending the cycle of abuse in our communities.	Domestic Violence	Counseling	Kid's First	573-632-4600	http://missourikidsfirst.org/	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Master Gardener Program:	Provides in-depth horticultural training to individuals throughout Missouri who then volunteer their time applying what they have learned to help others in their communities to learn about gardening and environmental education.	Educational Resource	Volunteer		573-882-9633	http://www.mg.missouri.edu/	<input checked="" type="checkbox"/>	
LaLeche League--for health professionals	La Leche League of Missouri provides health care professionals with continuing education opportunities and access to the latest research on lactation management. La Leche League is an international organization that is nonprofit and nonsectarian.	Educational Resource			573-336-5281	http://www.llli.org/	<input type="checkbox"/>	
Boys and Girls Clubs of America (BGCA):	BGCA programs are offered as part of core of Army Youth Programs through a relationship with the National Office of BGCA. Youth learn about: success in school, healthy living, creative arts, sports and fitness, and career choices.	Educational Resource	Youth Programs/Services	BGCA BCGA of The Capital City	573-596-0200/4302 573-634-2582	http://www.bgca.org http://bgcjeffersoncity.org	<input type="checkbox"/>	
Military Spouse Career Advancement Accounts (MyCAA)	A possible \$6,000 grant for military spouses: Go to web site below for more information; create account; then call 1-800-342-9647 to discuss with a counselor. http://www.militaryonesource.com	Educational Resource	Adult Education	Military One Source SECO MyCAA	1-800-342-9647	http://www.militaryonesource.com/seco https://aiportal.acc.af.mil/mycaa/default.aspx	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Student to Student:	Offers student led peer support. Program helps mobile military students transitioning in and out of schools with large military populations. Student to Student is sponsored by faculty and based at school.	Educational Resource	Support Groups	Child Youth Services Headquarters CYS School Liaison	573-596-0200 573-596-0357	www.fortleonardwoodmwr.com	<input type="checkbox"/>	CYS
Bundles of Joy:	Explore ways of bonding, swaddling, and comforting your baby. Learn to budget for the new addition to the Family, child proof your home, and understand child safety precautions.	Educational Resource	Parent Support		573-596-0212 ext 64274	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Ozarks Literacy Council:	Tutors help adults learn to read. Can help adults learn English too. Help child and family meet reading goals. Also helps people with special needs learn to read.	Educational Resource	Special Needs	Ozark Literacy Council:	417-616-0505	http://www.ozarksliteracy.org	<input checked="" type="checkbox"/>	
Public Libraries.com:	A nationwide directory of public libraries. Missouri public libraries can be found at: http://www.publiclibraries.com/missouri.ht	Educational Resource	Library	Public Library Website:	website that lists libraries	http://www.publiclibraries.com/missouri.ht	<input checked="" type="checkbox"/>	
Post 9/11 GI Bill	Post 9/11 GI Bill and possible transferability of benefits to dependents	Educational Resource	Financial Assistance	GI Bill Website:	web resource	http://www.gibill.va.gov	<input type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Breastfeeding:	Learn to breastfeed, pump, store and re-heat breast-milk. Learn how to choose pacifiers, bottles and nipples. Mothers will learn to use nipple shields and care for inverted or flat nipples. Phone numbers for support groups and caregivers will be given.	Educational Resource	Child Care				<input type="checkbox"/>	GLWACH
Toastmasters:	A nonprofit worldwide organization whose members improve their communication, public speaking and leadership skills. Toastmasters offers a program of communication and leadership projects designed to teach the arts of speaking, listening and thinking.	Employment Services	Adult Education	Toastmasters	573-774-2728	http://www.wsrtoastmasters.com/contactus.html	<input type="checkbox"/>	
Missouri Department of Labor and Industrial Relations:	Assists with benefits for unemployed workers and provides a variety of career center services.	Employment Services		Department of Labor:	1-800-320-2519	http://www.Labor.mo.gov	<input checked="" type="checkbox"/>	
Young Women's Christian Association (YWCA):	The oldest and largest multicultural women's organization in the world.	Employment Services	Domestic Violence	YWCA St. Louis	314-531-1115	http://www.ywca.org	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Missouri Division of Workforce Development:	Provides services for businesses and job seekers through the Missouri Career Centers and missouricareersource.com. The division works with a number of strategic partners to "skill up" Missouri's workforce for today's business and industry needs.	Employment Services	Adult Education	Career Resources: Job Seekers	web resource	http://www.ded.mo.gov/individual/IndividualAssistance.aspx http://www.ded.mo.gov/home.aspx	<input checked="" type="checkbox"/>	
Applications and Cover Letters:	This class will teach the correct way to put a job application together and how to format a cover letter that will catch the attention of an employer.	Employment Services	Adult Education		573-596-0212 ext 67613	www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Applications and Cover Letters:	This class will teach how to put a job application together. You will also learn to format a cover letter that will catch the attention of an employer.	Employment Services	Adult Education		573-596-0212 ext 67613	www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Career Exploration	This class allows students to engage in career planning discussions. By assessing career goals, skills and abilities you can explore the options that will lead to a satisfying career.	Employment Services			573-596-0212 ext 67613	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Dress for Success:	This class will teach students how to dress for an interview. To help them land the job they want and the "dos" and "don'ts" of dressing properly in the work place.	Employment Services			573-596-0212 ext 67613	www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
In Gear Career	To promote and advance the employment, career development and networking opportunities for military spouses across all professional occupations. Local chapters provide networking opportunities.	Employment Services			573-596-0212 ext 67613	http://www.ingearcareer.org/	<input checked="" type="checkbox"/>	
Missouri Alliance for Home Care:	Missouri's largest trade association representing the interests and concerns of home health agencies, home care companies, hospices, and private duty companies.	Employment Services		Missouri Alliance for Home Care:	573-634-7772	http://www.homecaremissouri.org	<input checked="" type="checkbox"/>	
Resume Writing Made Simple:	Participants will have the opportunity to learn how to create a simple resume in the correct format and to identify the important key skills that will help them get into the job market.	Employment Services			573-596-0212 ext 67613	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Missouri Career Source:	Provides a variety of resources for job seekers, employers, and workforce professionals.	Employment Services		Missouri Career Source	web resource	http://www.missouricareersource.org/	<input checked="" type="checkbox"/>	
Pulaski County Work Connections:	A job bank	Employment Services		Work Connections:	web resource	www.servicelocator.org	<input checked="" type="checkbox"/>	
How to Work With Others:	This is an interactive session where participants learn more about how they work, how others work and ways to work together.	Employment Services			573-596-0212 ext 67613	www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Job Search Techniques:	This session offers participants guidance for completing job applications and ways to identify key skills for a successful job search. This is an interactive session so bring your ideas to share with the group!	Employment Services			573-596-0212 ext 67613	www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Find Jobs By Zip	An online job resource	Employment Services		Job's By Zip	web resource	http://www.findjobsbyzip.com	<input checked="" type="checkbox"/>	
Interview Techniques:	This session offers participants the opportunity to experience an interview in a "mock" setting. Interview strengths and weaknesses are discussed with each participant following the interview session.	Employment Services			573-596-0212 ext 67613	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Colyer Park	Offers covered pavilion and play grounds. Reservations: generally first come first serve with the exception of special holiday or major unit organization day activities. The north pavilion and area may be reserved by large groups or organizations.	Entertainment			573-596-4223	www.fortleonardwoodmwr.com/outdoor.php	<input type="checkbox"/>	MWR
Rolla, Missouri Web Site:	Contains information on administration, community development, emergency preparedness, courts, parks, recreation, and the recreation center.	Entertainment		Rolla sites:	web resource	http://www.rollanet.org http://www.rollacity.org	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Happy Hollow	Happy Hollow is located right off the Big Piney River, and can be reserved in part or in its entirety. The area is off limits to other than approved organizational functions between 2100-0500 hours daily.	Entertainment	Hunting/Fishing		573 596 4223	www.fortleonardwoodmwr.com/outdoor.php	<input type="checkbox"/>	MWR
Stone Mill Spring	Stone Mill Spring is primarily a trout management area and as such will not be reserved for unit/organization functions but will be used for small groups or family outings on a first-come, first served basis.	Entertainment	Hunting/Fishing		573-596-4223	www.fortleonardwoodmwr.com/outdoor.php	<input type="checkbox"/>	MWR
Humor in the Workplace:	Learn coping strategies of how to get along with your customers and fellow co-workers. Brings joy, humor, laughter, and a way to release those tensions and become a productive member of your team. One hour of just plain FUN!	Entertainment	Adult Education	Community Health Resource Center	573-596-0491/0518	http://glwach.amedd.army.mil/patient_care/pmd/pmd_pages/chrc_cal.htm	<input type="checkbox"/>	ACS
United Service Organizations (USO):	The USO is a private, nonprofit organization whose mission is to provide morale, welfare and recreation-type services to our men and women in uniform. The Fort Leonard Wood USO offers free Wi-Fi, video games, pool, movies in a social atmosphere.	Entertainment			573-329-2039	http://www.usomissouri.org/fort-leonard-wood	<input type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Horse Stables	Stables may be rented for use by privately owned horses through the Outdoor Adventure Center. Stables include an inside exercise barn and outdoor riding arena. Every horse entering the OAC Stables must complete a 10-day quarantine period.	Entertainment	Sports		573 596 6913	http://www.fortleonardwoodmwr.com/outdoor.php	<input type="checkbox"/>	MWR
USO of Missouri	THE USO OF MISSOURI, INC. is a private, non-profit organization, whose mission is to lift the spirits of America's troops and their families by providing a "touch of home" through our facilities, a shoulder when needed, and fun family events.	Entertainment	Volunteer	USO Center Director FLW	573-329-2039	http://www.usomissouri.org/fort-leonard-wood	<input type="checkbox"/>	
City of Branson Web Site:	Contains visitor information and links. Branson is known for live performances and is south of Springfield, MO.	Entertainment	Recreation	City of Branson:	417-334-3345	http://www.cityofbranson.org	<input checked="" type="checkbox"/>	
Lyric Live Theater (a mid-Missouri Community Theater):	Theater that has live shows: drama, variety, comedy and music.	Entertainment		Lyric Live Theater	web resource	http://www.lyriclivetheater.com	<input checked="" type="checkbox"/>	
Waynesville, Missouri Web Site:	Contains information and links on schools, businesses, housing, recreation, and special events.	Entertainment	Recreation	City Hall	573-774-6171	http://www.waynesvillemo.org	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
East Gate Camping	East Gate Campground is open for use by all personnel, military or civilian. It is also available to special groups or units such as Boy/Girl Scouts, and some off post groups when reservations are made and approved. There is no cost to reserve the parks.	Entertainment			573-596-4223	www.fortleonardwoodmwr.com/outdoor.php	<input type="checkbox"/>	MWR
Ozark Actors Theater (OAT):	OAT was founded in 1987 to provide professional summer stock theatre and has entertained thousands with more than 70 productions covering a wide range of the theatrical arts.	Entertainment		OAT	573-364- 9523	http://www.ozarkactorstheatre.org/	<input checked="" type="checkbox"/>	
Pulaski Fine Arts Association (Theater on the Square)	Entertaining Pulaski County with four spectacular theater performances each year.	Entertainment		Theater on the Square:	573-855-6223	http://www.pfaa-tots.webs.com/	<input checked="" type="checkbox"/>	
Pulaski County Tourism Bureau:	See web page for extensive details on things to do, outdoor recreation, places to stay, dining, shopping, and maps.	Entertainment	Recreation	Pulaski Tourism:	573-336-6355	http://www.visitpulaskicounty.org	<input checked="" type="checkbox"/>	
Information, Ticketing, and Registration Office (ITR):	ITR can find and book tickets and reservations for travel and recreational opportunities both on and off the installation. ITR works to help find low cost for the patron.	Entertainment		ITR	573-329-8587	http://www.fortleonardwoodmwr.com/itr.php	<input type="checkbox"/>	MWR

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Special Events:	The Special Events & Programming Team scheduled the entertainment venues for Fort Leonard Wood Family and Morale, Welfare, and Recreation.	Entertainment			573-596-6913		<input type="checkbox"/>	MWR
Pershing Community Center:	Variety of rooms available for catered events, Special Events, Training and classes. The Community Center also features Blackjack Bar and Grill a nice neighborhood bar complete with dining operations.	Entertainment			573-329-6500	www.fortleonardwoodmwr.com/pershing.php	<input type="checkbox"/>	MWR
Missouri Division of Tourism:	Online, searchable guide of tourism and recreational opportunities throughout Missouri. Be sure to check the deals and discounts link for coupons and free admission.	Entertainment			web resource	http://www.visitmo.com /	<input checked="" type="checkbox"/>	
Missouri State Parks:	A comprehensive directory of state parks and historic sites within Missouri.	Entertainment	Hunting/Fishing	Missouri State Parks:	see web page for the number to the park you need to contact	http://www.mostateparks.com	<input checked="" type="checkbox"/>	
Pershing Community Center:	Available for catered events, Special Events, Training and classes. It offers a variety of rooms for your personal or professional functions. Also features Blackjack Bar and Grill a nice neighborhood bar complete with dining operations.	Entertainment			573-329-6500	www.fortleonardwoodmwr.com/pershing.php	<input type="checkbox"/>	MWR

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Davidson Fitness Center: Outdoor Pool	During summer months, the sports staff oversees the operation of an Olympic-sized outdoor pool (with a 50-foot water slide) on Constitution Avenue. Pool parties, swimming lessons and lifeguard training are available.	Entertainment	Sports	Outdoor Pool	573-596-4359	http://www.fortleonardwoodmwr.com/sports_pools.php	<input type="checkbox"/>	MWR
Touch Point Autism Services:	Provides training for professionals, parents, and families with children on the autism spectrum.	Exceptional Family Member Program	Family Disability	Touch Point Autism Services:	314-432-6200	http://www.autismspeaks.org/resource/touchpoint-autism-services	<input checked="" type="checkbox"/>	
Child Advocacy Center (CAC):	It is our mission to place the needs of the child first in an investigation for abuse. Takes a coordinated approach is taken in response to allegations of child sexual and physical abuse in an 18-county service area.	Family Advocacy Program	Domestic Violence	Child Advocacy Center	417-831-2327 Fax: 417-831-5122	http://www.childadvocacycenter.org/index.php	<input checked="" type="checkbox"/>	
The Army Family Action Plan (AFAP)	Allows soldiers and families to share what works, doesn't work and what can be done to fix the problem. Tells Army leaders what needs attention and gives them a chance to fix problems	Family Advocacy Program			573-596-0212 ext 61671	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Tri-County Center for Independent Living	A not-for-profit organization designed to assist persons with disabilities achieve and maintain as much independence as desired in the setting of their choice.	Family Disability	Special Needs		web resource	http://www.tricountycenter.com Also see comprehensive resource listing at http://www.tricountycenter.com/resources.htm	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Missouri Division of Vocational Rehabilitation:	Operates under the Missouri Department of Elementary and Secondary Education. The Division is made up of three core programs: Vocational Rehabilitation (VR), Disability Determination Services (DDS), and Independent Living (IL).	Family Disability	Employment Services		573-368-2266	http://www.dese.mo.gov/vr	<input checked="" type="checkbox"/>	
Southwest Center for Independent Living:	A private, not-for-profit organization established in Springfield, MO to provide services, advocacy, and resources for people with disabilities. Advocates social change and provides a full range of independent living services.	Family Disability	Hospital/Medical Services	Southwest Center for Independent Living:	417-886-1188	http://www.swcil.org	<input checked="" type="checkbox"/>	
Gingerbread House Incorporated:	Offers home and support services for persons living with profound mental and severe physical challenges, and offers family-style living in a home environment.	Family Disability	Special Needs	Gingerbread House	573-364-4398	http://www.gingerbreadhouseinc.com/	<input checked="" type="checkbox"/>	
Disabled Citizen Alliance for Independence:	A community-based Center for Independent Living, has been serving the needs of people with various disabilities. All services are free.	Family Disability			573-244-5402 or 1-866-797-6080	http://dcai.us/web/	<input checked="" type="checkbox"/>	
Social Security:	Websites for social security office and information.	Family Disability	Retirement Services	Social Security	1-800-551-2056 1-800-772-1213	https://secure.ssa.gov/aps6z/FOLO/fo001.jsp	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Choices for PeopleCenter:	Provides year round instructional programs and support services designed to aid individuals with disabilities in developing essential life skills.	Family Disability		Director	573-364-7444	http://www.choicesforpeoplecenter.org	<input checked="" type="checkbox"/>	
Dave Ramsey's Financial Peace University	Learn how to live debt free by using Scripture and Biblical values in maintaining financial integrity for you and your family's well being.	Financial Assistance	Religious Services	Chaplains	573-596-0089	http://www.wood.army.mil/newweb/garrison/chaplain.html	<input type="checkbox"/>	Chaplains Offices
First Termers' Financial Readiness Course:	Learn about all aspects of money management including spending plans, credit/debt management, online banking, basic investing, and many other financial topics. First Termer's is a mandatory class for E-1 through E-4 upon entry into the Armed Services.	Financial Assistance	Adult Education		573-596-0212 ext 62078	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
211 Missouri:	Confidential help finding resources funded by the United Way providing a wealth of resources to address basic human needs, physical/mental issues, work initiatives, needs of senior citizens, the disabled, youth, and families. Income based programs.	Financial Assistance	Counseling	211 Missouri:	Dial 2-1-1 1-800-427-4626 TTY: 866-385-6525	http://www.211missouri.org http://www.211helps.org/	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Credit Made Simple	Everything you want and need to know about credit management, debt reduction, credit reports, credit scores, and how to use credit.	Financial Assistance			573-596-0212 ext 62078	www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Does it Pay to Work:	Participants are encouraged to consider the pros and cons associated with employment, within and outside the home.	Financial Assistance	Educational Resource		573-596-0212 ext 67613	www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Car Buying:	A class for those who are planning to buy a car, used or new. What to look for in price comparisons, CARFAX, negotiating, paying sales tax in Missouri, warranties, etc.	Financial Assistance			573-596-0212 ext 62078	www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Smart Money:	Participants will learn how to prepare and follow a monthly budget, develop a spending plan, manage a checking or debit card account, handle basic debt and credit considerations, and participate in hands-on practices and scenarios.	Financial Assistance	Educational Resource		573-596-0212 ext 62078	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Tax Center:	Volunteers help service members and dependents complete and submit their tax returns. Volunteers usually do not provide tax advice.	Financial Assistance			573-596-0203		<input type="checkbox"/>	Legal/ Staff Judge

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Emergency Food Voucher Program:	Provides assistance for Service Members experiencing financial hardship or have not received pay. Vouchers are good only at the commissary and only for food for DEERS enrolled dependents.	Financial Assistance			573-596-0212 ext 62078	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	
Ozarks Food Harvest:	Transforms hunger into hope; a foodbank that serves 29 counties in the Ozarks. Programs include: Back Pack, Kids Cafes, Purchase Program, Mobile Pantry, Non Food Distribution, Nutrition Education, Food Stamps, On-Site Agency Shopping, Senior Congregate.	Financial Assistance		Ozark Food Harvest	417-865-3411	http://www.ozarksfoodharvest.org	<input checked="" type="checkbox"/>	
Money and the Move:	Learn ways to plan and prepare to be financially ready for your PCS move. Information is provided on developing spending plans, entitlements, travel costs; weight allowances, movers, etc. are all included in this presentation.	Financial Assistance			573-596-0212 ext 62078	www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Missouri Ozarks Community Action, Inc:	A non-profit community action agency dedicated to helping families and individuals in Camden, Crawford, Gasconade, Laclede, Maries, Miller, Phelps, and Pulaski counties. Help financially with heat, housing, headstart.	Financial Assistance	Housing	MOCA	573-765-3263	http://www.mocaonline.org	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Food Stamp Information (Legal Services of Missouri):	Provides comprehensive information on the Missouri Food Stamp Program.	Financial Assistance		Food Stamp Info:	1-855-373-4636	http://www.dss.mo.gov/fsd/fstamp	<input checked="" type="checkbox"/>	
Home Buying Issues	For those thinking about buying a home, what to look for and ask for from prices, market trends, negotiations, inspections, warranties, foreclosures, bank properties, moving day and beyond.	Financial Assistance			573-596-0212 ext 62078	www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Provost Marshal's Office	Armed Forces Disciplinary Control Board: The AFDCBs receives reports of off post establishments and investigates matters concerning eliminating conditions, which adversely affect the health, safety, welfare, morale, and discipline of the Armed Forces.	Fire Department	Police	Provost Marshal's Office	573-596-0575		<input type="checkbox"/>	Directorate of Emergency
Texas County Emergency Management:	Mission is to protect the lives and property of all residents when major disasters threaten public safety in Texas County.	Fire Department	Police	Texas County Emergency Management	417-967-0720	http://www.texascountymissouri.org/departments/emergency-management	<input checked="" type="checkbox"/>	
LaLeche League	An international organization that teaches, supports and encourages mothers to breast-feed. La Leche League is a not for profit and non-religious. Any woman who wants to learn about breastfeeding is welcome!	Health Education	Pregnancy Services	LaLeche League Fort Leonard Wood/Waynesville/St. Robert LaLeche League	573-336-5281 1-800-525-3243	https://www.facebook.com/pages/La-Leche-League-of-Ft-Leonard-Wood-Waynesville-St-Robert/164466166929101 http://www.llli.org/ http://www.llli.org/websites.html http://www.llli.org/web/	<input type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
CPR/AED/First Aid Class:	CPR, AED and First Aid certification.	Health Education	Red Cross	American Red Cross Local To Find a Class	573-596-0300 1-800-733-2767	http://www.redcross.org/mo/fort-leonard-	<input type="checkbox"/>	
Bariatric Prep:	Series developed to equip participants with the tools needed to achieve a healthy weight before and after bariatric surgery. Sessions focus on strategies to improve diet, increase physical activity, lose weight and prevent complications following surgery.	Health Education	Hospital/Medical Services	Nutrition Care Division	573-596-1762	http://glwach.amedd.army.mil/patient_care/ncd/nutrition_main.htm	<input type="checkbox"/>	GLWACH
Medication Management:	Classes by the Child and Youth Center to teach safe care of children, learn about prevention of disease and proper administration of approved medications.	Health Education	Child Care	Community Health Resource Center	573-596-0491/0518	http://glwach.amedd.army.mil/patient_care/pmd/pmd_pages/chrc_cal.htm	<input type="checkbox"/>	GLWACH
Pregnancy Nutrition:	Teaches participants dietary and behavioral strategies to support fetal growth and development and maternal health.	Health Education	Pregnancy Services	Nutrition Care Division	573-596-1762	http://glwach.amedd.army.mil/patient_care/ncd/nutrition_main.htm	<input type="checkbox"/>	GLWACH
All About Traumatic Brain Injury:	A website providing information on Traumatic Brain Injuries provided by the commercial company.	Health Education	Behavioral Health	All About TBI:	web resource	http://www.allabouttbi.com	<input checked="" type="checkbox"/>	
Nutrition Care Division	A doctor's recommendation or consult is NOT required to book an nutrition appointment. Appointments can be made by calling the Nutrition Care Division at 573-596-1762.	Health Education	Hospital/Medical Services	Nutrition Care Division	573-596-1762	http://glwach.amedd.army.mil/patient_care/ncd/nutrition_main.htm	<input type="checkbox"/>	GLWACH

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Diabetes Management:	Participants obtain skills to manage diabetes through discussion of treatment, potential complications, exercise, and self-care. The Dietitian teaches how to follow a well-managed, healthy diet and make lifestyle changes to improve diabetes management.	Health Education	Hospital/Medical Services	Nutrition Care Division	573-596-1762	http://glwach.amedd.army.mil/patient_care/ncd/nutrition_main.htm	<input type="checkbox"/>	GLWACH
Heart Healthy Nutrition:	Learn how to modify your dietary and behavioral patterns to improve your heart health. Class for people with diagnoses of: high cholesterol, Hyperlipidemia, hypertension (high blood pressure), hypertriglyceridemia and/or cardiovascular disease.	Health Education	Hospital/Medical Services	Nutrition Care Division	573-596-1762	http://glwach.amedd.army.mil/patient_care/ncd/nutrition_main.htm	<input type="checkbox"/>	GLWACH
Hypertension/High Blood Pressure:	Teaches participants how to beat high blood pressure. Discuss prevention, early detection and control. Review what the blood pressure numbers indicate, how & where to check your blood pressure.	Health Education	Hospital/Medical Services	Nutrition Care Division	573-596-1762	http://glwach.amedd.army.mil/patient_care/ncd/nutrition_main.htm	<input type="checkbox"/>	GLWACH
Nutritious Weight:	Learn the basics of healthy eating with a focus on weight management and the importance of physical activity.	Health Education	Hospital/Medical Services	Nutrition Care Division	573-596-1762	http://glwach.amedd.army.mil/patient_care/ncd/nutrition_main.htm	<input type="checkbox"/>	GLWACH

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Breast Pumping Techniques:	Mothers interested in pumping full or part-time will learn how to use a breast pump. Topics include pumping when going back to work, storing milk, pumping schedules, staying hydrated. Demonstrations of various types of pumps are included.	Health Education	Pregnancy Services	Community Health Resource Center	573-596-0491/0518	http://glwach.amedd.army.mil/patient_care/pmd/pmd_pages/chrc_cal.htm	<input type="checkbox"/>	GLWACH
Self-Care:	Learn to avoid illness, form healthy habits, create lifestyle change and treat minor illnesses at home. Avoid unnecessary hospital visits. Learn to use over the counter meds. The self-care pharmacy enables a family to receive 5 self-care meds free a week!	Health Education		Community Health Resource Center	573-596-0491/0518	http://glwach.amedd.army.mil/patient_care/pmd/pmd_pages/chrc_cal.htm	<input type="checkbox"/>	GLWACH
Tobacco Cessation:	Learn how to quit using tobacco. Emphasis is on behavioral and social support. Discussion includes side effects of nicotine patches or gum, and wellbutrin. Meet with a pharmacist to talk about medications.	Health Education	Support Groups	Community Health Resource Center	573-596-0491/0518	http://glwach.amedd.army.mil/patient_care/pmd/pmd_pages/chrc_cal.htm	<input type="checkbox"/>	GLWACH
Bloodborne Pathogens:	Classes provided in the Child and Youth center to ensure for safe care of children, prevention of disease and proper administration of approved medications.	Health Education		Community Health Resource Center	573-329-1901/1935		<input type="checkbox"/>	CYS

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Army Move!	A comprehensive approach to Active Duty weight management. Two group counseling sessions are tailored to improve a soldier's abilities to lose weight safely and to meet and maintain Army military standards	Health Education	Hospital/Medical Services	Nutrition Care Division	573-596-1762	http://glwach.amedd.army.mil/patient_care/ncd/nutrition_main.htm	<input type="checkbox"/>	GLWACH
Personal Hygiene:	Teaches proper hand-washing and skin care to prevent infection and spread of communicable disease.	Health Education		Community Health Resource Center	573-596-0491/0518	http://glwach.amedd.army.mil/patient_care/pmd/pmd_pages/chrc_cal.htm	<input type="checkbox"/>	GLWACH
Bundles of Joy:	Teach new and soon to be parents how to care for babies. Explore ways of bonding, swaddling, and comforting your baby. Learn how to child proof your home, and use child safety precautions. Learn to budget for the new addition to the Family!	Health Education	Pregnancy Services		573-596-0212 ext 64274	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	
Operation Live Well	DoD website with information about: integrative wellness, physical activity, sleep, nutrition, tobacco free-living and mental wellness. Contains recommended apps and links to other websites that provide more resources. Also has free e-books.	Health Education	Tobacco Cessation	Operation Live Well:	web resource	http://www.health.mil/News_And_Multimedia/Special_Features/operationlivewell.aspx	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Asthma Awareness:	A class for adults and parents of children with asthma (age 9 and older). Class topics include causes, signs and symptoms of asthma as well as proper usage of the metered dose inhaler, peak flow meter and spacer.	Health Education		Community Health Resource Center	573-596-0491/0518	http://glwach.amedd.army.mil/patient_care/pmd/pmd_pages/chrc_cal.htm	<input type="checkbox"/>	GLWACH
AIDS Project of the Ozarks:	Provides education & services including primary medical care, Dental care, mental health and substance abuse services (serves 29 counties in MO)	Health Education		AIDS Project of the Ozarks	417-881-1900,1-800-743-5767	http://www.aidsprojectoftheozarks.org	<input checked="" type="checkbox"/>	
HIV Prevention:	Reviews the latest research findings regarding HIV and AIDS. Discusses the disease threat with a focus on prevention.	Health Education		Community Health Resource Center	573-596-0491/0518	http://glwach.amedd.army.mil/patient_care/pmd/pmd_pages/chrc_cal.htm	<input type="checkbox"/>	GLWACH
Sleep Remedies:	Participants learn coping strategies when unable to sleep, productive ways to end sleepless nights and to become more productive in your jobs and home; learn relaxation techniques and ideas that work.	Health Education		Community Health Resource Center	573-329-1901 573-329-1935	http://glwach.amedd.army.mil/patient_care/pmd/pmd_pages/chrc_cal.htm	<input type="checkbox"/>	Community Health
Pulaski County Health Department	The Pulaski County Health Center is committed to offer and provide the highest quality community health and environmental services in a fair, compassionate and timely manner to enable all people to reach their fullest potential.	Health Education	Hospital/Medical Services	Pulaski County Health Department	573-736-2217	www.pulaskicountyhealth.com	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Communicable Disease Prevention:	Classes provided in the Child and Youth center to ensure for safe care of children, prevention of disease and proper administration of approved medications.	Health Education			573-329-1935/1901		<input type="checkbox"/>	CYS
Women Infants and Children (WIC):	Healthcare and nutrition of low-income pregnant women, breastfeeding women, and infants and children under the age of five. Provides education on pregnancy and early childhood as well as vouchers for food and formula for qualifying families.	Health Education	Parent/Family Support	Waynesville WIC	573-774-3115	http://www.pulaskicountyhealth.com/wic/index.html	<input checked="" type="checkbox"/>	
Nutrition Care Division: Individual Appointments	Individual appointments often address weight management, food allergies, diabetes, renal disease, hypertension, high cholesterol, pregnancy and various digestive or nutrition-related concerns for both pediatric and adult patients.	Health Education	Hospital/Medical Services	Nutrition Care Division	573-596-1762	http://glwach.amedd.army.mil/patient_care/ncd/nutrition_main.htm	<input type="checkbox"/>	GLWACH
Seasonal Disease Threats:	Army Public health nurses teach based on current disease threat. Topics can range from H1N1 to Tick borne disease. The focus is about prevention. Discussion will include disease surveillance, disease threat, early recognition and prevention.	Health Education		Community Health Resource Center	573-596-0491/0518	http://glwach.amedd.army.mil/patient_care/pmd/pmd_pages/chrc_cal.htm	<input type="checkbox"/>	GLWACH

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Department of Veterans Affairs (VA):	Provides a variety of services including medical centers, and information on health issues such as wellness, diseases, and public health issues.	Hospital/Medical Services	Health Education	VA:	web resource	http://va.gov/	<input checked="" type="checkbox"/>	
Springfield/Greene County Health Clinic	Springfield-Greene County Health Department. Provides a variety of resources pertaining to maternity, sexually-transmitted diseases, community health, immunizations, environmental services, nursing services, and health education.	Hospital/Medical Services	Health Education		417-864-1683	http://www.springfieldmo.gov/health	<input checked="" type="checkbox"/>	
Laclede County Health Department	Health Department and WIC	Hospital/Medical Services	Health Education	Administrative Office: Nursing/Medical Records: WIC: Environmental:	417-532-2135 417-532-2134 417-532-1271 417-532-3477	www.lacledecountyhealth.com	<input checked="" type="checkbox"/>	
Lake Regional Hospital	A community hospital located in Osage Beach, Missouri. Provides comprehensive health care services throughout the Lake of the Ozarks area.	Hospital/Medical Services		Lake Regional Hospital:	573-348-8000	http://www.lakeregional.com	<input checked="" type="checkbox"/>	
Mercy Hospital:	An acute care, 62-bed general medical-surgical hospital located in Lebanon, MO.	Hospital/Medical Services		Mercy Hospital	417-533-6100	http://www.mercy.net/	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Greene County Health Department:	Provides a variety of health-related services including environmental services, community health and epidemiology, and maternal/child and family health.	Hospital/Medical Services	Financial Assistance	Green County Health Department:	417-864-1686	http://www.springfieldmo.gov/health/childcare.html	<input checked="" type="checkbox"/>	
Soldier Self-Care:	Reduce lost training time by soldiers waiting to receive medical care. Empower soldiers to be responsible for their own health.	Hospital/Medical Services	Health Education	Community Health Resource Center	573 329573-596-0491/0518	http://glwach.amedd.army.mil/patient_care/pmd/pmd_pages/chrc_cal.htm	<input type="checkbox"/>	
Eating Disorder Counseling	Certified Eating Disorder Specialist provides mental health therapy services for adolescents, active duty and retired service members, and family members struggling with: Anorexia, Bulimia, Binge Eating, Body Dysmorphic and disordered eating.	Hospital/Medical Services		Certified Eating Disorder Specialist	573-596-0522		<input type="checkbox"/>	GLWACH
Texas County Memorial Hospital:	A sixty-bed, general acute care institution offering medical care for all primary care needs.	Hospital/Medical Services		Texas County Memorial Hospital	417-967-3311	http://www.tcmh.org	<input checked="" type="checkbox"/>	
Phelps/Maries County Health Dept.	Health Department will promote and protect the public health through assessment of health status, health education, disease and injury prevention, policy development and assurance of health care services to achieve their fullest health potential.	Hospital/Medical Services	Health Education	Phelps/Maries Health Department:	573-458-6010	http://www.phelpscountyhealth.com	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Shriners International:	A fraternal organization best known for the Shriners Hospitals for Children.	Hospital/Medical Services		Shriners Shriners Referral Line	314-432-3600 1-800-237-5055	http://www.shrinershospitalsforchildren.org/en/Hospitals/Locations/St	<input checked="" type="checkbox"/>	
St. John's Hospital:	An acute care, 62-bed general medical-surgical hospital located in Lebanon, MO.	Hospital/Medical Services		Mercy Hospital	417-533-6100	http://www.stjohns.com/lebanon	<input checked="" type="checkbox"/>	
Phelps County Regional Medical Center:	A full service hospital located in Rolla, Missouri.	Hospital/Medical Services		PCPMC	573-458-8899	http://www.pcrmc.com	<input checked="" type="checkbox"/>	
Defense Enrollment Eligibility Reporting System (DEERS):	Includes over 23 million records pertaining to active duty and reserve military and their family members, military retired, DoD Civilians and Contractors.	Hospital/Medical Services		DEERS	1-800-538-9552	http://www.tricare.mil/DEERS/	<input checked="" type="checkbox"/>	
Cox Health:	Offers a variety of medical services through a network of hospitals and clinics.	Hospital/Medical Services		Cox Health	417-269-3000	http://www.coxhealth.com	<input checked="" type="checkbox"/>	
Lebanon Housing Authority:	Provides housing, development, and assistance services to Lebanon.	Housing		Lebanon Housing Authority	417-532-4912		<input checked="" type="checkbox"/>	
Habitat for Humanity:	An international, non-governmental organization devoted to building decent, affordable housing. The organization's mission is to eliminate poverty housing and homelessness from the world and to make decent shelter a matter of conscience and action.	Housing	Lodging	Habitat for Humanity:	1-800-422-4282	http://www.habitat.org	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Department of Housing and Urban Development:	Creates strong, sustainable, inclusive communities and quality affordable homes for all. Web site offers a variety of information sources concerning the purchase and rental of housing.	Housing		St. Louis Field Office	314-418-5400	http://portal.hud.gov/portal/page/portal/HUD	<input checked="" type="checkbox"/>	
U.S. Department of Housing and Urban Development: (HUD)	Creates strong, sustainable, inclusive communities and quality affordable homes for all people.	Housing		HUD Missouri HUD	314-418-5400 1-800-225-5342	http://portal.hud.gov/hudportal/HUD?src=/states/missouri	<input checked="" type="checkbox"/>	
State Department of Social Services, Homelessness Prevention and Rapid Re-Housing Program:	Assists individuals who are or are at risk of becoming homeless	Housing	Financial Assistance	OneCPD HUDVet	web resource 1-877-424-3838	https://www.onecpd.info/homelessness-assistance/ http://portal.hud.gov/hudportal/HUD?src=/program_offices/comm_planning/veteran_information	<input checked="" type="checkbox"/>	
Balfour Beatty Communities at Fort Leonard Wood (BBC @ FLW)	Homes from 2-4 bedrooms include: laundry hook ups, dishwasher, refrigerator, central air and heat. Some homes offer basements, garages, carports, microwave and walk in closets. Enjoy community centers, fitness areas, splash parks and playgrounds.	Housing		24-Hour Emergency Maintenance Stonegate Piney Hills Woodlands Community Manager Neighborhood Manager Life Works Coordinator Assistant Neighborhood Manager	573-329-4000 573-329-0122 573-329-0117 573-329-0109 573-329-1013 573-329-1015 573-329-1009 573-329-0122	http://www.ftlwoodfamilyhousing.com	<input checked="" type="checkbox"/>	Housing Office
Missouri Housing Development Commission	Strengthens communities and the lives of Missourians through the financing, development, and preservation of affordable housing.	Housing	Lodging		314-877-1350	http://www.mhdc.com	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Missouri Department of Conservation:	The department administers more than 975,000 acres located throughout the state. Web site provides extensive information on hunting/trapping, fishing, land/water care and a searchable directory of recreational facilities by region.	Hunting/Fishing	Substance Abuse		573-884-6861	http://www.mdc.mo.gov	<input checked="" type="checkbox"/>	
Hunter Safety	Learn why safety and ethics are essential to the survival of the sport. This class strives to improve skills and instill responsibility. Both beginner and veteran hunters are encouraged to attend.	Hunting/Fishing			573-596-4223	http://www.fortleonardwoodmwr.com/outdoor.php	<input type="checkbox"/>	
Share the Harvest:	A charitable meat donation program focusing on venison	Hunting/Fishing	Financial Assistance	Share the Harvest	573-751-4115	http://mdc.mo.gov/hunt/deer/share/	<input checked="" type="checkbox"/>	
Outdoor Adventure Center (OAC):	Fort Leonard Wood has over 60,000 acres available for hunting; deer, turkey, wild hog and an abundance of small game, season for archery, firearms and muzzleloaders. All hunting and fishing state and local licenses & permits available at the OAC.	Hunting/Fishing			573-596-4223	www.fortleonardwoodmwr.com/outdoor.php	<input type="checkbox"/>	MWR
National Park Service:	Missouri is home to 6 national parks that received 4,171,826 visitors in 2012.	Hunting/Fishing		National Parks:	web resource	http://www.nps.gov/state/MO/index.htm	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Claims Office:	Handles monetary claims against the government stemming from accidents/damage caused by government operators.	Legal Support			573-596-0627		<input type="checkbox"/>	Legal/ Staff Judge
Legal Services of Missouri:	Directory of Legal Services to low-income and elderly people in Missouri.	Legal Support		Legal Services of MO:	web resource	http://www.lsmo.org/Home/PublicWeb	<input checked="" type="checkbox"/>	
25th Judicial Circuit Court:	Provides general information on legal issues and court services	Legal Support			web resource	http://www.courts.mo.gov	<input checked="" type="checkbox"/>	Legal/ Staff Judge
Victim Witness Liaison Program:	Provides assistance in obtaining restraining orders, "transitional compensation" benefits, restitution, liaising with employer, command, and the court system, etc.	Legal Support			573-596-0629		<input type="checkbox"/>	Legal/ Staff Judge
Litigation Division:	Prosecutes civilians on FLW property and provides counsel to victims of sexual assault.	Legal Support			573-596-0676/0203 573-596-0629		<input type="checkbox"/>	
Legal Assistance Office:	Counsels and assists military personnel and their dependants regarding the legal aspects of most social issues.	Legal Support			573-596-0629		<input type="checkbox"/>	Legal/ Staff Judge
Legal Aid of Western Missouri:	Provides essential legal services to low-income citizens	Legal Support		Legal Aid of Western MO:	web resource	http://www.lawmo.org	<input checked="" type="checkbox"/>	
FindLaw:	Provides legal information, lawyer profiles, and a community to help with legal decisions.	Legal Support		Find Law:	web resource	http://www.findlaw.com	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Legal Services of Southern Missouri:	Provides free legal representation to low income clients in civil legal problems, handling cases relating to public benefits, housing, unemployment compensation, family, consumer, education, employment, and health.	Legal Support		Legal Services of Southern MO:	web resource	http://www.lsmo.org	<input checked="" type="checkbox"/>	
Free Advice:	A commercial web site providing a variety of legal content.	Legal Support		Free Advice:	web resource	http://www.freeadvice.com	<input checked="" type="checkbox"/>	
Survivor Outreach Services Program	Comprehensive program is designed to ensure continued support of eligible Family Members. Areas: Army benefits, financial counseling, grief counseling and support services, legal planning, and life skills education.	Legal Support	Survivor Assistance		573-596-0212 ext 60195	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
NoLo:	A commercial web site providing a variety of legal content	Legal Support		NoLo:	web resource	http://www.nolo.com/	<input checked="" type="checkbox"/>	
Office of the Staff Judge Advocate:	SJA provides professional legal support to the local community.	Legal Support			573 596 0624		<input type="checkbox"/>	
Lebanon-Laclede County Library:	The Library system is community-focused and committed to providing public access for patrons to informational materials regardless of format with friendly, competent, accurate, and expeditious service.	Library		Lebanon-Laclede Library:	417-532-2148	http://www.lebanon-laclede.lib.mo.us	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Pulaski County Library District:	Libraries are located in Waynesville, Richland, and Crocker.	Library		Pulaski County Library:	573-774-2965	http://www.pulaskicounty.lib.mo.us	<input checked="" type="checkbox"/>	
Warrior Adventure Quest:	Battle-mind training and high adventure activities help soldiers adjust to a calmer paced lifestyle after a deployment. Activities such as sky-diving, paintball, ropes courses, mountain biking, and racing are used to provide a thrill in a safer setting.	Military Service Support			573-596-0118	http://www.fortleonardwoodmwr.com/FMWR.php	<input type="checkbox"/>	
Information and Referral:	It is the main source for information for the FLW Installation. Provides Soldiers and Family Members with any information or assistance they may need or will refer them to the appropriate agency for assistance.	Newcomers	Relocation Assistance		573-596-0212 ext 64923	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
My Base Guide		Newcomers	Post Information	Welcome Page: Start Here	web resource	http://mybaseguide.com/article/army/ft-leonard-	<input checked="" type="checkbox"/>	
Parents as Teachers:	Supports hundreds of thousands of families in all 50 states as well as many other countries through a proven parent education model featuring intimate, in-home visits with parents and children. Educates parents on child development and provides support.	Parent Support		Parents as Teachers	314-432-4330	http://www.parentsas teachers.org	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Parenting from the Heart	A class that explores parenting styles. Parents learn how to discipline and communicate effectively with their children based on age of the child.	Parent Support	Parent/Family Support		573-596-0212 ext 64274	www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
New Parent Support Program (NPSP):	Professional home visits for military families. Families that are expecting, or have children under three years old are eligible. Learn to deal with: stress, lonely feelings, deployments, and other parenting challenges. All in the comfort of your home!	Parent Support	Parent/Family Support		573-596-0212 ext 64274	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Child and Youth Behavioral (CYB) Military and Family Life Consultant (MFLC):	Short term, problem-solving and counseling services, children must be registered with CYS. Services are free and no records are kept. Helps with: coping skills, relationship problems, parent/child concerns, communication, loss and grief, etc.	Parent/Family Support	Counseling	Military Life Consultant (Consultant changes every 90 days)	573-934-6813 573-594-8328 573-934-5446 573-979-7838	http://www.fortleonardwoodmwr.com/mflc.php	<input type="checkbox"/>	ACS
Hearts Apart:	A support group for families who are left behind during the sponsor's mission.	Parent/Family Support	Deployment Support		573-596-0212 ext 64950	www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Foreign Born Spouse Support:	Discuss common concerns of foreign born spouses. Common topics include: Immigration, Naturalization, or learning the English language.	Parent/Family Support	Support Groups		573-596-0212 ext 64950	www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Army Community Service (ACS) Programs	ACS provides a wide range of programs. Information for all programs listed below is available by contacting Fort Leonard Wood's ACS	Parent/ Family Support	Adult Education	Army Community Service (ACS) Programs	573-596-0212	www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Boys & Girls Clubs of Springfield:	Guides and directs youth of all backgrounds but especially those from at risk circumstances, through social, physical and educational development activities, to teach them the values of life, strengthens self-esteem and makes them better citizens.	Parent/ Family Support	Volunteer	Boys and Girls Club:	417-862-9249	http://www.bgca.org	<input checked="" type="checkbox"/>	
Lutheran Family and Children's Services (LFCS):	Specific services include: Birth Parent Counseling, child focused, client-centered assistance to families, Foster Care, Adoption Services, Abstinence Only Education Program, and Advocacy.	Parent/ Family Support	Pregnancy Services	Lutheran Family Services: St. Louis Office:	417-862-1972 1-866-326-5327 417-862-3276 (fax)	http://lfcsmo.iapplicants.com/ http://lfcsmo.org/	<input checked="" type="checkbox"/>	
Parent Central Services:	Program offers registration, enrollment, records transfer, parent education classes and babysitter training and referral services for Families. To register for any CYS Services program all necessary paperwork will be completed at the time of registration.	Parent/ Family Support			573-596-0238/0421	http://www.fortleonardwoodmwr.com/cys_childcare.php	<input type="checkbox"/>	CYS

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Informed Childbirth: Class #1	Class #1 topics include: Shaken Baby Syndrome, SIDS, pre-term labor, anatomy of female pelvis, timing contractions, stages & phases of labor, engagement, effacement, dilation, station, coping strategies.	Parenting Education	Health Education	Community Health Resource Center	573-596-0491/0518	http://glwach.amedd.army.mil/patient_care/pmd/pmd_pages/chrc_cal.htm	<input type="checkbox"/>	GLWACH
Love and Logic: Early Childhood Parenting Made Fun	Workshop provides practical tools and techniques that can change the way your family operates and makes parenting more fun. The early childhood class is for parents of children 2-12 years old.	Parenting Education	Parent/Family Support		573-842-2686		<input checked="" type="checkbox"/>	
Informed Childbirth: Class #3	Topics include: Tour of mother/baby unit, when to come to hospital, what to pack, length of hospital stay. Active Duty topics including: convalescent leave, breastfeeding/pumping & returning to work, profiles, birth certificate and enrollment in DEERS.	Parenting Education	Health Education	Community Health Resource Center	573-596-0491/0518	http://glwach.amedd.army.mil/patient_care/pmd/pmd_pages/chrc_cal.htm	<input type="checkbox"/>	GLWACH
Informed Childbirth: Class #2	Class #2 topics include: Epidurals, amniocentesis, intrauterine pressure catheter, internal scalp lead.	Parenting Education	Health Education	Community Health Resource Center	573-596-0491/0518	http://glwach.amedd.army.mil/patient_care/pmd/pmd_pages/chrc_cal.htm	<input type="checkbox"/>	GLWACH

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Informed Childbirth: Class #4	Topics include: Unplanned C-sections, empathy belly, proper body mechanics, what to expect during the post partum period. Bring a pillow and water bottle to class. Coach's are encouraged to attend but not required. Includes breathing exercises.	Parenting Education	Health Education	Community Health Resource Center	573-596-0491/0518	http://glwach.amedd.army.mil/patient_care/pmd/pmd_pages/chrc_cal.htm	<input type="checkbox"/>	GLWACH
Infant CPR:	Learn what to do if their newborn stops breathing and will practice infant CPR on manikins until they feel confident. Class also covers what to do if baby is choking, how to check an infant's pulse, and overall safety.	Parenting Education	Child Care	Community Health Resource Center	573-596-0491/0518	http://glwach.amedd.army.mil/patient_care/pmd/pmd_pages/chrc_cal.htm	<input type="checkbox"/>	GLWACH
Pregnancy Postpartum Physical Training (PPPT Education):	Topics vary weekly and include experts from JAG, Chaplains Office, ACS, Behavioral Health, Parents as Teachers, Nurses for Newborns, New Parent Support Program, WIC, Mother Baby Unit Tour, Pain Management and others.	Parenting Education	Sports				<input type="checkbox"/>	ACS
Pregnancy Postpartum Physical Training (PPPT Education):	Topics vary weekly and include experts from JAG, Chaplains Office, ACS, Behavioral Health, Parents as Teachers, Nurses for Newborns, New Parent Support Program, WIC, Mother Baby Unit Tour, Pain Management and others.	Parenting Education	Sports	PPPT	573-596-0491 573-596-0093		<input type="checkbox"/>	ACS

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Infant Care:	Parents will learn basic infant care. Including: giving a bath, umbilical cord care, using a thermometer, and packing a diaper bag. How to change diapers, formula to feed and when to breastfeed as well as stool color will be discussed.	Parenting Education		Community Health Resource Center	573-596-0491/0518	http://glwach.amedd.army.mil/patient_care/pmd/pmd_pages/chrc_cal.htm	<input type="checkbox"/>	
Rec Plex:	The RecPlex contains an outdoor Olympic pool with a water slide, Spray Park with a zero entry pool. Pool parties, swimming lessons and lifeguard training are offered. Also has: Mini Golf, Go-Karts and multi-purpose rooms available to host your next event.	Physical Fitness			573-596-0131	www.fortleonardwoodmwr.com/mwrrecplex.php	<input type="checkbox"/>	
Birthright of Missouri (Crisis Pregnancy Center & Hotline):	A fully independent organization, not affiliated with any church or public agency. Also operates a 24-hour North American hotline.	Pregnancy Services		Birthright International Hotline: Missouri Birthright	1-800-550-4900 314-361-0124	http://birthright.org http://birthright.org/en/landingpage/lp-stlouismidtown	<input checked="" type="checkbox"/>	
Early Pregnancy/Pet Lecture:	Discuss first and second trimester, fetal development including conception to delivery, what to expect at prenatal check-ups, routine labs, ultrasounds, pet integration lecture from veterinary clinic.	Pregnancy Services			573-329-1935/1901		<input type="checkbox"/>	Community Health

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Pregnancy Support Center	Provides help for women who are facing an unplanned pregnancy. Christian organization that helps and encourages mothers who are faced with unplanned pregnancy.	Pregnancy Services	Volunteer	Pregnancy Support:	417-532-8555	http://pregnancyhelpebanon.com/	<input checked="" type="checkbox"/>	
Mark Twain National Forest:	Located in central and southern Missouri highlighted by rivers and trails. The forest is 1.5 million acres scattered throughout 29 counties.	Recreation		Mark Twain Forest Rolla Office:	573-364-4621	http://www.fs.usda.gov/main/mtnf/home	<input checked="" type="checkbox"/>	
Bennett Spring State Park (near Lebanon)	Offering camping, canoeing, hiking, picnicking, rafting, swimming, and trout fishing.	Recreation	Sports	Bennett Spring State Park	417-532-4338	http://www.mostateparks.com/bennett.htm	<input checked="" type="checkbox"/>	
Emergency Message Service:	The American Red Cross links members of the U.S. Armed Forces with their families during a crisis. Twenty-four hours a day, 365 days a year, the Red Cross quickly sends emergency communications to deployed service members on behalf of their family.	Red Cross		American Red Cross Local For Emergency Messages	573-596-0300 1-877-272-7337	http://www.redcross.org/mo/fort-leonard-wood http://www.tamc.amedd.army.mil/services/redcross.htm	<input type="checkbox"/>	Directorate of Emergency
Girl Scouts of the Missouri Heartland:	Girl Scouting builds girls of courage, confidence, and character, who make the world a better place. Leadership opportunities help girls develop crucial life skills and prepare to take the lead – today and for the rest of their lives.	Relationship Building	Volunteer	Missouri Girl Scouts National Girl Scouts USA	1-877-312-4764 1-800-478-7248	http://www.girlscoutsmoheartland.org http://www.girlscouts.org	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Strong Bond Retreats (SBR):	SBR enriches marital relationships through unit-based, chaplain-led program. The mission is to increase family readiness and resiliency. SBR is a fun, safe, and secure environment to address the impact of military lifestyle stressors.	Relationship Building	Religious Services	Chaplain's Office	573-596-2127	http://www.strongbond.org/skins/strongbonds/display.aspx	<input type="checkbox"/>	Chaplains Offices
Pre-Martial Counseling/Class	Chaplain will answer questions. Pastors or chaplains - who perform wedding ceremony for couples, may have additional requirements. Couples must complete all requirements before marriage and it is the couple's responsibility to know of all requirements.	Relationship Building	Religious Services	Chaplain's Office Family Life Chaplain	573-596-2127 573- 596-0088	http://www.wood.army.mil/ch/Worship%20Schedule%20and%20map.htm	<input type="checkbox"/>	Chaplains Offices
Protestant Youth of the Chapel (PYOC)	PYOC exists to reach students, to help them grow in their faith, to share their gifts, and to honor God with their Lives.	Religious Services	Culture Connection	Family Life Chaplain	573-596-0088	http://www.wood.army.mil/newweb/garrison/chaplain.html	<input type="checkbox"/>	Chaplains Offices
Catholic Men Ministries; Knights of Columbus:	Sacred Heart Catholic Community provides a full range of Ministry and Discipleship programs for Men	Religious Services			573-261-0093	http://www.wood.army.mil/ch/Catholic/sacred_heart_parish.htm	<input type="checkbox"/>	Chaplains Offices
Youth Ministry	Youth Ministry	Religious Services	Culture Connection	Chaplian Offices	573-596-2127		<input type="checkbox"/>	Chaplains Offices

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Catholic Women Ministries:	Sacred Heart Catholic Community provides a full range of Ministry and Discipleship programs for Women (MCCW). A small group Study and fellowship time for women.	Religious Services		Family Life Chaplain	573-596-0088	http://www.wood.army.mil/ch/Catholic/sacred_heart_parish.htm	<input type="checkbox"/>	Chaplains Offices
Catholic Youth Program	Youth Ministry	Religious Services	Culture Connection	Family Life Chaplain	573-596-0088	http://www.wood.army.mil/newweb/garrison/chaplain.html	<input type="checkbox"/>	Chaplains Offices
Pastoral Counseling:	Chaplains address many topics that include, stress management, coping skills, relationship problems, parent/child concerns, conflict resolution, communication, loss, grief and spiritual, etc. Information is confidential.	Religious Services		Chaplain's Office Family Life Chaplain	573-596-2127 573-596-0088	http://www.wood.army.mil/newweb/garrison/chaplain.html	<input type="checkbox"/>	Chaplains Offices
Religious Educations Protestant Sunday School RCIA & RCIC:	Sunday school for ages 4 through adult by age. Bible study and activities prepare students spiritually to live life to the fullest. Adult studies include: Biblical Finances and Christian Discipleship.	Religious Services			573-596-2127	http://www.wood.army.mil/newweb/garrison/chaplain.html	<input type="checkbox"/>	Chaplains Offices
Family Life Chaplain or Sponsor's Unit Chaplain:	Chaplain provides marriage counseling to assist couple to reconcile, work through marital issues or provide avenue for other professional counseling. Information spoken to chaplain is confidential.	Religious Services			573-596-0088		<input type="checkbox"/>	Chaplains Offices

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Worship and Religious Education:	Fort Leonard Wood Religious Support Operations offers a wide variety of worship, Bible Study, and discipleship opportunities. http://www.wood.army.mil/ch/Worship%20Schedule%20and%20map.htm	Religious Services		Chaplains Offices	573-596-2127	http://www.wood.army.mil/newweb/garrison/chaplain.html	<input type="checkbox"/>	Chaplains Offices
Fort Leonard Wood Religious Support Operations	Offers a wide variety of worship, Bible Study, and discipleship opportunities. (Catholic, Protestant, Lutheran, Episcopal, LDS, Jewish, Muslim and Buddhist). Please use the link the website provides the services offered.	Religious Services		Family Life Chaplain Chaplain's Office	573-596-0088 573-596-2127	http://www.wood.army.mil/ch/Worship%20Schedule%20and%20map.htm	<input type="checkbox"/>	
Protestant Women of Chapel (PWOC):	A small group Bible study and fellowship time for women. Topics focus on Christian discipleship and marriage and family. Child Watchcare is provided.	Religious Services		Protestant Women of Chapel (PWOC): Protestant Women of Chapel (PWOC):	573-596-0088	http://fortleonardwoodpwoc.blogspot.com/	<input type="checkbox"/>	Chaplains Offices
Confraternity of Christian Doctrine (CCD):	An Age-grade 3 years and older, Catholic Confraternity of Christian Doctrine, RCIA and RCIC provides studies, corresponding activities to prepare spiritually for learning Catholic Christian Doctrine.	Religious Services		Chaplains Offices	573-596-2127	http://www.wood.army.mil/newweb/garrison/chaplain.html	<input type="checkbox"/>	Chaplains Offices

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Lodging:	The role of Lodging is to provide quality lodging and hospitality services to patrons for America's Army. Our facilities meet commercial hotel standards and represent quality and consistency found from installation to installation.	Relocation Assistance	Lodging	Lodging	573-596-0999	http://www.ihg.com/armyhotels/hotels/us/en/reservation/hotelsearchresult?qAdlt=1&qBrS=ic.cp.in.vn.hi.ex.rs.cv.sb.cw.6c&qBsCd=FLW&qChld=0&qGRM=0&qLat=0&qLng=0&qPSt=0&qRRSrt=rt&qRms=1&qRp	<input type="checkbox"/>	MWR
Country Specific/Overseas Orientations	Learn about moving to: Alaska, Germany, Korea, or Hawaii. This course is mandatory for AIT Service Members PCS'ing to overseas locations.	Relocation Assistance			573-596-0212 ext 64950	www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Tour de Fort	Tour of Fort Leonard Wood provides information to new residents.	Relocation Assistance			573-596-0212 ext 64950	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Online Payment Status Tool	Check the status of your travel voucher payments online. Self service and allows you to check the status of your travel voucher without having to contact your finance office or the DFAS customer care center.	Relocation Assistance	Financial Assistance	Travel Payment Tracker:	web resource	http://www.dfas.mil/pcs/travel/checkvoucherstatus.html	<input type="checkbox"/>	
Sponsorship Training	Sponsorship training is offered to units upon request. A good sponsor can make a difference between smooth transitions and bad experiences.	Relocation Assistance			573-596-0212 ext 64950	www.fortleonardmwr.com/acs.php	<input type="checkbox"/>	ACS

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Individual PCS Planning:	One-on-one consultation for anyone needing assistance planning their move. Receive information on housing, budgeting, jobs, finance, moving with children, general moving preparation, and many other moving related topics.	Relocation Assistance	Newcomers		573-596-0212 ext 64950	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Newcomer's Orientation:	Provides information about the post and the surrounding area	Relocation Assistance			573-596-0212 ext 64950	www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Fire Prevention and Education	Provides fire prevention and educational services to units, community members and residents of FLW. Assists to determine regulatory compliance and identify safety hazards in the work place and home.	Safety		Directorate of Emergency Services	573-596-0886		<input type="checkbox"/>	Directorate of Emergency
Motorcycle Safety:	There are 3 types of courses. Beginning Riders Course, Experienced Riders Course, and Military Sport bike Riders Course. The courses are free of charge for all military personnel and DoD civilian employees.	Safety	Motorcycle / Automobile Safety		573-596-0116	http://www.wood.army.mil/newweb/safety/	<input type="checkbox"/>	Safety Office
Missouri Highway Patrol:	Information about state laws and safety. Also keeps the sex offender registry for the state.	Safety	Legal Support	Highway Patrol Headquarters:	573-751-3313	http://www.mshp.dps.missouri.gov/MSHPWeb/Root/index.html	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Suicide Prevention:	Chaplains & Chaplain Assistants provide Suicide prevention classes for directorates and units. Learn: what to look for and how to respond to suicidal people. Training is scheduled on unit training calendar. Ask-Care-Escort (ACE) is the Prevention Tool.	Safety	Behavioral Health	Chaplains Office Family Life Chaplain	573-596-2127 573-596-0088	http://www.armyg1.army.mil/HR/suicide/commandertoolkit.asp http://www.wood.army.mil/newweb/garrison/chaplain.html	<input type="checkbox"/>	Chaplains Offices
Public Schools Districts:	A variety of services including before- and after-school care	School		Camden Stoutland R-II	417-286-3711	http://www.stoutlandschools.com/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Texas Houston R-I	417-967-3024	http://www.houston.k12.mo.us/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Phelps Rolla 31	573-458-0100	http://rolla.k12.mo.us/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Pulaski Waynesville R-VI	573-774-6497	http://www.waynesville.k12.mo.us/Page/1	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Laclede Lebanon R-III	417-532-9141	http://www.lebanon.k12.mo.us/main/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Texas Licking R-VIII	573-674-2911	http://www.licking.k12.mo.us/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Texas Cabool R-IV	417-962-3153	http://www.cabool.k12.mo.us/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School			417-458-3333		<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Public Schools Districts:	A variety of services including before- and after-school care	School		Pulaski Crocker R-II	573-736-5000	http://www.crockerschools.org/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Texas Raymondville R-VII	417-457-6237	http://www.rville.k12.mo.us/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Adair Adair Co. R-I	660-488-6411	http://www.novinger.k12.mo.us/home.html	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Adair Adair Co. R-II	660-323-5272	http://brashear.k12.mo.us/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Joel E. Barber (Laclede Laclede Co. C-5)	417-532-4837	http://www.jebc5.k12.mo.us/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Pulaski Laquey R-V	573-765-3716	http://laquey.k12.mo.us/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Texas Success R-VI	417-967-2597		<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Pulaski Swedeberg R-III	573-736-2735		<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Camden Camdenton R-III	573-346-9213	http://camdentonschools.schoolwires.net/site/default.aspx?PageID=1	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Camden Climax Springs R-IV	573-347-3905	http://www.csprings.k12.mo.us/	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Public Schools Districts:	A variety of services including before- and after-school care	School		Laclede Laclede Co. R-I	417-589-2951	http://www.lacledecoun-tyr1.com/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Camden Macks Creek R-V	573-363-5909	http://www.mccreek.k12.mo.us/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Adair Kirksville R-III	660-665-7774	http://www.kirksville.k12.mo.us/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Maries Maries Co. R-I	573-422-3304	http://www.mariesr1.k12.mo.us/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Pulaski Richland R-IV	573-765-3241	http://www.richlandbearss.us/	<input checked="" type="checkbox"/>	
Part Day Preschool:	Part Day Preschool is provided for ages three to five years old. The three day PM program operates Monday, Wednesday and Friday, 1230-1530	School			573-596-0210	http://www.fortleonardwoodmwr.com/cys_childcare.php#cdc	<input type="checkbox"/>	CYS
Public Schools Districts:	A variety of services including before- and after-school care	School		Maries Maries Co. R-II	573-859-3800	http://www.mariesr1.k12.mo.us/	<input checked="" type="checkbox"/>	
School Liaison Officer:	The program assists any Military member who has a child or children within local school districts that may have questions or concerns that impact transitioning military students.	School	Parent/Family Support		573-596-0200/0357	http://www.fortleonardwoodmwr.com/schoolliaison.php	<input type="checkbox"/>	CYS

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Strong Beginnings:	The Pre-K program is available for children who will be going to Kindergarten the following year. The five day AM program operates Monday through Friday, 0830-1130. Children must be registered with CYS Services.	School	Child reading and crafts		573-596-0210/0197	http://www.fortleonardwoodmwr.com/cys_childcare.php#cdc	<input type="checkbox"/>	CYS
Public Schools Districts:	A variety of services including before- and after-school care	School		Miller Miller Co. R-III	573-369-2375	http://www.tuscumbialions.k12.mo.us/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Miller Eldon R-I	573-392-8000	http://eldon.k12.mo.us/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Pulaski Dixon R-I	573-759-7163	http://www.dixonr1.com/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Miller St. Elizabeth R-IV	573-493-2246	http://www.ste.k12.mo.us/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Miller School Of The Osage	573-365-4091	http://osage.k12.mo.us/district/superintendents-page/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Miller Iberia R-V	573-793-6818	http://www.iberia.k12.mo.us/education/district/district.php?sectiondata	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Phelps Newburg R-II	573-762-9653	http://newburg.k12.mo.us/	<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Phelps Phelps Co. R-III	573-435-6293	http://pcr3.k12.mo.us/	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Public Schools Districts:	A variety of services including before- and after-school care	School		Laclede Gasconade C-4	417-532-4821		<input checked="" type="checkbox"/>	
Public Schools Districts:	A variety of services including before- and after-school care	School		Texas Summersville R-II	417-932-4045	http://www.sville.k12.mo.us/	<input checked="" type="checkbox"/>	
Sexual Assault Support:	Provides behavioral health counseling and coordination of healthcare resources for victims of Sexual Assault. Immediate interventions to address trauma (RTS) and medical (STD, Physical Injury) concerns.	Sexual Assault Prevention		Social Work Services, Behavioral Health Division, Main Hospital	573-596-1507		<input type="checkbox"/>	GLWACH
Sexual Harrassment/Assault Response & Prevention Program:	Provides awareness for the prevention of sexual assault, and if the assault occurs, the provision of information, services, and support is given to the victim; there is a coordination and integration of victim services and training to military units.	Sexual Assault Prevention		Sexual Assault Response Coordinator DoD Sexual Assault Hotline	573-855-1327 1-877-995-5247	http://www.fortleonardwoodmwr.com/acs_sapr.php https://safehelpline.org/	<input type="checkbox"/>	ACS
National Sexual Assault Hotline Rape, Abuse and Incest National Network (RAINN):	The nation's largest anti-sexual violence organization and operates the DoD Safe Helpline for the Department of Defense.	Sexual Assault Prevention	Domestic Violence	RAINN	1-800-656-4673 (HOPE)	www.rainn.org	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Missouri Department of Social Services, Family Support Division (Missouri Health Net):	Provides medical services to persons who meet certain eligibility requirements.	Social Services	Hospital/Medical Services	MO HealthNet Participant Services MO HealthNet Service Center	1-800-392-2161 1-888-275-5908	http://www.dss.mo.gov/fsd/msmed.htm http://www.dss.mo.gov/mhd/participants/index.htm	<input checked="" type="checkbox"/>	
Missouri Dept of Health and Senior Services:	Provides a wealth of information including links to: food recalls, emergency response, Women, Infants and Children (WIC), public health agencies, aging services.	Social Services	Financial Assistance	Family Care Safety Registry (FCSR): Elder Abuse and Neglect Hotline:	1-800-392-0272 1-800-392-0210	http://www.dhss.mo.gov	<input checked="" type="checkbox"/>	
Marriage and Family Support:	Provide marriage and family support. Problems solving for couples in: group and seminar setting. Newly married and established couples with communication difficulties and conflict in their relationships.	Social Services	Parent/Family Support		573-596-1507		<input type="checkbox"/>	GLWACH
Missouri Department of Social Service (Missouri Adoption Subsidy and Subsidized Guardianship Program),	Adoption is the most desired outcome for children who cannot be reunified with their families. Subsidized Guardianship also offers children the opportunity to live as a part of a stable and permanent family who is also a relative of the child.	Social Services		Missouri Adoption and Guardianship:	573-774-6121	http://www.dss.mo.gov/cd/adopt/masp.htm	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Missouri Department of Social Services, Family Support Division:	Responsible for coordinating programs to provide public assistance to children and their parents. Assists with access to health care and child support enforcement. Also specializes in assistance to troubled youth.	Social Services	Parent/Family Support	Missouri Social Services-Family	573-751-3221	http://www.dss.mo.gov http://www.dss.mo.gov/fsd	<input checked="" type="checkbox"/>	
Missouri Department of Health and Senior Services:	Website lists a variety of health care resources for seniors and people with disabilities. Also includes a directory of local public health agencies.	Social Services	Retirement Services		573-368-2449	http://health.mo.gov/seniors/index.php	<input checked="" type="checkbox"/>	
Missouri Department of Health and Senior Services, Special Healthcare Needs:	Provides statewide health care support services, including service coordination, for children and adults with disabilities, chronic illness and birth defects.	Social Services	Special Needs	Special Healthcare Needs:	573-751-6246	http://www.dhss.mo.gov/SHCN	<input checked="" type="checkbox"/>	
Great Circle:	Specializes in providing treatment, education, prevention and support services to children and families with a history of physical, sexual or emotional abuse, neglect or abandonment or with Autism Spectrum Disorder and developmental disorders.	Social Services	Support Groups	Great Circle:	573-265-3251	http://www.greatcircle.org/index.php	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Missouri Department of Social Services:	Responsible for coordinating programs to provide public assistance to children and their parents, access to health care, child support enforcement assistance and to provide specialized assistance to troubled youth.	Social Services		Department of Social Services:	see: http://dss.mo.gov/toll.htm	http://www.dss.mo.gov/ffices.htm	<input checked="" type="checkbox"/>	
Missouri Department of Social Services - Food Distribution Programs:	Provides basic information on USDA Food Distribution Programs.	Social Services	Financial Assistance	Food Distribution Programs:	web resource	http://www.dss.mo.gov/fsd/fdist/	<input checked="" type="checkbox"/>	
Court Appointed Special Advocates (CASA):	CASA volunteers are appointed by judges to watch over and advocate for abused and neglected children, to make sure they don't get lost in the overburdened legal and social service system or languish in inappropriate group or foster homes.	Social Services	Legal Support	CASA	1-800-628-3233	http://www.casaforchildren.org	<input checked="" type="checkbox"/>	
Independent Living Resource Center:	A consumer oriented, not-for-profit agency serving Callaway, Camden, Cole, Miller, Moniteay, Morgan, and Osage counties by providing community based services for persons with all types of disabilities.	Special Needs	Family Disability	Independent Living Resource Center:	573-556-0400	http://ilrcjcmo.org/	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Missouri Department of Mental Health, Division of Developmental Disabilities:	Provides services to those with developmental disabilities such as mental retardation, cerebral palsy, head injuries, autism, epilepsy, and certain learning disabilities	Special Needs	Exceptional Family Member Program		573-751-4054	http://www.dmh.mo.gov/dd	<input checked="" type="checkbox"/>	
Lake of the Ozarks Development Center: The Arc	A national community-based organization advocating for and serving people with intellectual and developmental disabilities and their families.	Special Needs	Family Disability	The Arc of the Lake	573-302-1700	http://arcofthelake.org/	<input checked="" type="checkbox"/>	
Missouri Association of County Developmental Disabilities Services:	Provides developmental disability information in the state of Missouri and around the world. MACDDS is a leader in local initiatives for people with developmental disabilities.	Special Needs	Family Disability	Disability Services:	573-442-5599	http://www.macdds.org/	<input checked="" type="checkbox"/>	
Missouri Department of Elementary and Secondary Education, Sheltered Workshops:	Provides a directory of sheltered workshops (organizations that provide employment opportunities for people with disabilities).	Special Needs	Employment Services	Sheltered Workshops: General Number of Department of Education Department of Educations-Special Education	573-751-3547 573-751-5739 573-751-4212	http://dese.mo.gov/divs/peced/shelteredworkshops	<input checked="" type="checkbox"/>	
National Alliance of the Disabled:	An online informational and advocacy organization dedicated to working toward gaining equal rights for the disabled in all areas of life.	Special Needs	Family Disability	Alliance for the Disabled:	email or see website for details	http://www.naotd.wheelboat.com	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Missouri Family to Family:	A program of the University of Missouri, Kansas City's Institute for Human Development. MODDRC offers a network of support options.	Special Needs	Family Disability	Missouri Family to Family:	816-235-1763 1-800-444-0821	http://mofamilytofamily.org/	<input checked="" type="checkbox"/>	
Choices for People:	Support services designed to aid individuals with disabilities in developing essential life skills. These skills promote inclusion, independence, self-sufficiency, and productivity; and aim to maximize the individual's quality of life.	Sponsorship	Family Disability	Choices for People:	573-364-7444	http://www.choicesforpeoplecenter.org	<input checked="" type="checkbox"/>	
Davidson Fitness Center: Intramural Sports	Oversees sports programs and hosts the annual tournaments. 14 softball fields 9 soccer fields, 12 tennis courts. Additional multi-use softball fields, flag football fields, youth athletic fields, and 400-meter all weather track are also available.	Sports		Intramural Sports	573-596-4359	http://www.fortleonardwoodmwr.com/sports.php#intramurals	<input type="checkbox"/>	MWR
David Fitness Center: Group Classes	Group fitness classes are offered six days a week at a variety of times. The Personal Trainer Program is available to provide one-on-one consultation and guidance. Authorized patrons can purchase recreational Swim passes.	Sports			573-596-4359	http://www.fortleonardwoodmwr.com/sports.php	<input type="checkbox"/>	MWR

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Davidson Fitness Center: Gym	Fitness opportunities for the whole family. The facility has basketball, racquetball and volleyball courts; an indoor swimming pool, indoor track; Nautilus and free weights, cardio equipment, a fitness theater; locker rooms and equipment check-out.	Sports		Davidson Fitness Center: Gym	573-596-4359	http://www.fortleonardwoodmwr.com/sports.php	<input type="checkbox"/>	MWR
Youth T-ball	Programs are provided by trained CYS Services employees and volunteer coaches in a variety of settings including Youth Centers, MWR Facilities, Schools, community fields and facilities.	Sports			573-596-0209	http://www.fortleonardwoodmwr.com/youth_sports.php	<input type="checkbox"/>	CYS
Piney Valley Golf Course:	18 hole, par 72 course runs through a beautiful valley along the Big Piney River, and is open year round, weather permitting. The course is open to the public and features a driving range, putting green, chipping area, pro shop, snack bar and lessons.	Sports			573-329-4770	www.fortleonardwoodmwr.com/pv.php	<input type="checkbox"/>	MWR
Motorcycle Clubs:	Online index of local motorcycle club.	Sports		Motorcycle Club online index:	web resource	http://www.motorcycleclubsindex.com	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Youth Flag Football	Programs are provided by trained CYS Services employees and volunteer coaches in a variety of settings including Youth Centers, MWR Facilities, Schools, community fields and facilities.	Sports			573-596-0209	http://www.fortleonardwoodmwr.com/youth_sports.php	<input type="checkbox"/>	CYS
Young Men's Christian Association (YMCA):	An inclusive organization of men, women and children joined together by a shared commitment to nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility.	Sports	Child Care	Armed Services YMCA of Missouri	573-329-4513	http://www.ymca.net	<input checked="" type="checkbox"/>	
Youth Sports and Fitness Program:	Individual and team sports for children and youth are offered. Also provides: competitions, skill building clinics, and nutrition and health classes that foster development of life-long healthy habits.	Sports		Youth Sports	573-596-0209	http://www.fortleonardwoodmwr.com/youth_sports.php	<input type="checkbox"/>	CYS
Boy Scouts of America, Ozarks Trails Council:	Serves more than 16,000 youth and volunteers throughout 31 counties in South Central and southwest Missouri and Southeast Kansas.	Sports	Educational Resource	National Boy Scouts of America Ozarks Trails Council:	website 417-883-1636	http://www.scouting.org http://ozarktrailsbsa.org/	<input checked="" type="checkbox"/>	
Pulaski County Web:	Provides a variety of information on events, issues and activities in Pulaski County, Missouri.	Sports	Culture Connection	Pulaski County Website	web resource	http://www.pulaskicountyweb.com	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Mini Sports Basketball	Mini Sports is offered as a parent and child activity. Programs are provided by trained CYS Services employees and volunteer coaches in a variety of settings including Youth Centers, MWR Facilities, Schools, community fields and facilities.	Sports			573-596-0209	http://www.fortleonardwoodmwr.com/youth_sports.php	<input type="checkbox"/>	CYS
Mini Sports Soccer	Mini Sports is offered as a parent and child activity. Programs are provided by trained CYS Services employees and volunteer coaches in a variety of settings including Youth Centers, MWR Facilities, Schools, community fields and facilities.	Sports			573-596-0209	http://www.fortleonardwoodmwr.com/youth_sports.php	<input type="checkbox"/>	CYS
Youth Track and Field	Programs are provided by trained CYS Services employees and volunteer coaches in a variety of settings including Youth Centers, MWR Facilities, Schools, community fields and facilities.	Sports			573-596-0209	http://www.fortleonardwoodmwr.com/youth_sports.php	<input type="checkbox"/>	CYS
Youth Softball	Programs are provided by trained CYS Services employees and volunteer coaches in a variety of settings including Youth Centers, MWR Facilities, Schools, community fields and facilities.	Sports			573-596-0209	http://www.fortleonardwoodmwr.com/youth_sports.php	<input type="checkbox"/>	CYS

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Youth Baseball	Programs are provided by trained CYS Services employees and volunteer coaches in a variety of settings including Youth Centers, MWR Facilities, Schools, community fields and facilities.	Sports			573-596-0209	http://www.fortleonardwoodmwr.com/youth_sports.php	<input type="checkbox"/>	CYS
Lake of the Ozarks Recreation Area (LORA):	Enjoy camping, boating, swimming, water skiing, and fishing at Missouri's scenic playground. LORA is located 50 miles Northwest of Ft Wood on the Grand Glaze Arm of the Lake. The lake is one of the nation's largest man-made lakes.	Sports	Entertainment	LORA	573-346-5640	www.fortleonardwoodmwr.com/lake_ozarks.php	<input type="checkbox"/>	MWR
Youth Basketball	Programs are provided by trained CYS Services employees and volunteer coaches in a variety of settings including Youth Centers, MWR Facilities, Schools, community fields and facilities.	Sports			573-596-0209	http://www.fortleonardwoodmwr.com/youth_sports.php	<input type="checkbox"/>	CYS
Spring Soccer	Programs are provided by trained CYS Services employees and volunteer coaches in a variety of settings including Youth Centers, MWR Facilities, Schools, community fields and facilities.	Sports			573-596-0209	http://www.fortleonardwoodmwr.com/youth_sports.php	<input type="checkbox"/>	CYS

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Mini Sport-Baseball	Mini Sports is offered as a parent and child activity. Programs are provided by trained CYS Services employees and volunteer coaches in a variety of settings including Youth Centers, MWR Facilities, Schools, community fields and facilities.	Sports			573-596-0209	http://www.fortleonardwoodmwr.com/youth_sports.php	<input type="checkbox"/>	CYS
Daugherty Bowling Center:	The Daugherty Bowling Center offers 40 lanes with automatic scorers and features: open bowling, Xtreme Bowling, bumper bowling, league bowling, bowling parties, a pro shop, snack bar, video games, and locker rental. Youth and senior rates are available.	Sports	Entertainment	Daugherty Bowling Center:	573-596-1498	www.fortleonardwoodmwr.com/daugherty.php	<input type="checkbox"/>	MWR
Missouri Department of Mental Health, Division of Alcohol and Drug Abuse – Substance Abuse Traffic Offenders Program (SATOP):	Mission is to inform and educate drivers, promote safe and responsible decision-making, motivate individuals for personal change and growth, and contribute to public health and safety.	Substance Abuse	Alcohol Addiction	Substance Abuse Traffic Offender Program	573-522-4020	http://www.dmh.mo.gov/ada/satop	<input checked="" type="checkbox"/>	
Army Substance Abuse Program Counseling Services	The program provides counseling services to Soldiers and their Family Members who may be facing issues related to their use of drugs and/or alcohol.	Substance Abuse	Alcohol Addiction	Clinical Services	573-596-0119		<input type="checkbox"/>	Army Substance

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Narcotics Anonymous (NA):	A twelve-step program focusing on addiction, modeled after Alcoholics Anonymous. NA describes itself as a "fellowship or society of men and women for who drugs has become a major problem."	Substance Abuse	Support Groups	Narcotics Anonymous:	1-800-945-4673	http://midmissourina.org/	<input checked="" type="checkbox"/>	
Addiction Search:	A source of addiction related research on drug rehabilitation and alcohol treatment programs, treatment centers and addiction recovery information.	Substance Abuse	Alcohol Addiction	Toll Free Recovery Hotline:	1-800-559-9503	http://addictionsearch.com	<input checked="" type="checkbox"/>	
ADAPT (Alcohol and other Drug Prevention Training):	For individuals who may be facing difficulties with drugs or alcohol. This class invites participants to make informed choices about their use of drugs and alcohol. Participants are normally referred through ASAP clinical services.	Substance Abuse	Alcohol Addiction	Prevention Coordinator	573-596-0119		<input type="checkbox"/>	
True North	Services offered include an emergency shelter, a Hotline, crisis intervention, support groups, and counseling.	Support Groups	Domestic Violence	True North	1-800-548-2480 573-875-1370	http://truenorthofcolumbia.org/	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Brain Injury Association of Missouri:	A non-profit organization providing support, education, recreation, referral services, and advocacy for persons with brain injury and their families. Support Groups are offered in the Fort Leonard Wood vicinity.	Support Groups	Behavioral Health	Brain Injury Association	1-800-444-6443	http://www.biamo.org	<input checked="" type="checkbox"/>	
Shelter from the Storm Sexual Assault Survivors Support Group	Facilitator lead support group, promotes healing from a spiritual perspective. Open to any individual who has been a victim of sexual assault.	Support Groups			573-596-0089		<input type="checkbox"/>	Chaplains Offices
Mothers Against Drunk Driving (MADD):	A non-profit organization that seeks to stop drunk driving, support those affected by drunk driving, prevent underage drinking, and overall push for stricter alcohol policy.	Support Groups		MADD	1-800-438-6233	http://www.madd.org/	<input checked="" type="checkbox"/>	
Family Advocacy Support Program (Victim Advocacy):	Victim advocates represent the interests of all domestic violence/sexual assault victims and provide direct support and assistance.	Support Groups	Domestic Violence		573-596-0212 ext 64274	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
Widowed Support Program	Provides an initial grief packet and offers continued bereavement support, and advocacy for resolving issues. Outreach Volunteers help with the adjustments of being widowed. Also provide: monthly newsletter, telephone support, and seminars.	Survivor Assistance		Chaplain's Office	573-596-7367	http://www.wood.army.mil/newweb/garrison/chaplain.html	<input type="checkbox"/>	Chaplains Offices

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Survivor Outreach Services	Services are free and confidential. Helps Survivors connect with a wide range of local resources that includes: support groups, financial management and planning, advocate for Survivor with local organizations and agencies.	Survivor Assistance		Army Community Services	573-596-0212	http://www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
OATS Transit:	Provides transportation for transportation disadvantaged Missourians so they can live independently in their communities.	Vehicle Services			573-443-4516	http://www.oatstransit.org	<input checked="" type="checkbox"/>	
Veterans Administration, National Center for Post Traumatic Stress Disorder (PTSD):	A Center of Excellence for research and education on the prevention, understanding, and treatment of PTSD. They conduct cutting edge research and apply resultant findings to advance the science and promote understanding of traumatic stress.	Veterans Affairs	Educational Resource	National Center for PTSD:	802-296-6300	http://www.ptsd.va.gov	<input checked="" type="checkbox"/>	
Missouri Veterans Commission (MVC)	Helps Veterans, their dependents and legal representatives. Provides information on their rights and assist Veterans in accessing available benefits.	Veterans Affairs	Help Line	MVC Central Office Contact the Nearest Veterans Service Officer Veterans Outreach-Ombudsman Veterans Outreach-Women Veterans Outreach-Minority Veterans Outreach-Incarcerated Ft. Leonard Wood Cementaries	573-751-3779 - 1-866-838-4636 573-522-4220 816-387-2841 816-889-3081 417-532-6754 573-774-3496	www.mvc.dps.mo.gov	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Veterans Administration:	Provides a variety of benefits including disability compensation, pension, education, survivor, medical, burial, home loans, life insurance, and vocational rehabilitation.	Veterans Affairs	Wounded Warriors	VA Website:	web resource	http://www.va.gov	<input checked="" type="checkbox"/>	
Army Volunteer Corps (AVCC):	Promotes and strengthens volunteerism by uniting community volunteer efforts and supporting professional management. It encompasses a multitude of organizations that support our military community.	Volunteer			573-596-0212	www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS
American Red Cross Child Care Reimbursement Program	The childcare reimbursement if setup for Red Cross volunteers who are actively volunteering on a consistent basis. We authorize a certain amount per month based upon funds available.	Volunteer	Child Care		573-596-0300		<input checked="" type="checkbox"/>	
Rotary International:	Bring together business and professional leaders to provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. It is a secular organization open to all persons.	Volunteer		Rotary Club Locator:	1-866-976-8297	https://www.rotary.org/en/search/club-finder?location=65584&distance=25&units=Miles&day=Any&time=Any&type=Rotary%20Club&locq=37.8216933%2C-92.1155691 http://www.rotary.org/103 St. Robert Plaza	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Lions Clubs International (LCI)	A service club that plans and participates in a wide variety of service projects to include disability programs (e.g., services for the Blind; Diabetes prevention/treatment; and hearing/vision impairments).	Volunteer		Lions Club:	web resource	http://www.lionsclubs.org/	<input checked="" type="checkbox"/>	
AmeriCorps:	Made up of several different programs (AmeriCorps State and National; AmeriCorps VISTA, and AmeriCorps NCCC each with its own focus and structure.	Volunteer		Americorps	1-800-942-2677	http://www.nationalservice.gov/programs/ameri-corps	<input checked="" type="checkbox"/>	
United Way:	Improves lives by mobilizing the caring power of communities around the world to advance the common good.	Volunteer	Financial Assistance	Executive Secretary	573-364-3577	http://unitedwaysouthcentralmo.org/	<input checked="" type="checkbox"/>	
Kiwanis International:	An international, coeducational service club founded in 1915. It is headquartered in Indianapolis, Indiana. Current membership is 240,000 members in 7,700 clubs in 80 Nations. The average age is 57, 74% men; 26% women.	Volunteer	Sponsorship	Kiwanis International:	1-800-549-2647	http://www.kiwanis.org/	<input checked="" type="checkbox"/>	

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
The Food Bank for Central & Northeast Missouri:	This is a central facility used to distribute resources to local food pantries. Prepared Foods, Fresh Produce, Back Pack, Repack Bulk, Salvage, Purchase Program, TEFAP, CSFP, Other Service : Off Site Pantry Shopping, Mobile Pantry, Non Food Distribution.	Volunteer		The Food Bank	573-474-1020	http://www.sharefoodbringhope.org	<input checked="" type="checkbox"/>	
Brain Injury Association of Missouri: Resources	The mission of the Brain Injury Association of Missouri is to reduce the incidence of brain injury; to promote acceptance, independence, productivity of persons with brain injury; and to support their families.	Wounded Warriors	Support Groups	Brain Injury Association of MO:	1-800-444-6443	http://www.biamo.org/	<input checked="" type="checkbox"/>	
Country-wide Traumatic Brain Injury (TBI) Resources:	A commercial website providing TBI Information as provided by a commercial law firm. Resource for education, advocacy, research and support for brain injury survivors, their families, and medical and rehabilitation professionals.	Wounded Warriors	Legal Support	TBI Resources:	1-888-915-7600	http://www.traumaticbraininjury.com	<input checked="" type="checkbox"/>	
Soldier and Family Assistance Center(SFAC): For Warriors in Transition (WT)	Sponsors mutual support and healing by providing the best social, financial, educational, personal, and pastoral services available. Fosters dignity and independence, as WTs transition back to duty or to service as a vital member of the community.	Wounded Warriors		Soldier and Family Assistant Center	573-596-1149	www.fortleonardwoodmwr.com/acs.php	<input type="checkbox"/>	ACS

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
Operation Homefront (OH):	Provides emergency financial and other assistance to the families of our service members and wounded warriors.	Wounded Warriors	Financial Assistance	Operation Homefront:	1-800-849-6408	http://www.operationhomefront.net	<input checked="" type="checkbox"/>	
Teen Program:	The program offers a wide range of activities including open recreation, dances, lock-ins, trips and camps.	Youth Programs/Services			573-596-0209	http://www.fortleonardwoodmwr.com/cys_childcare.php	<input type="checkbox"/>	CYS
Tutor.com:	Online live homework help. This program offers free online tutoring services to all Army affiliated youth. Tutoring services are accessible 24/7 through the CYS Services' Public Site on Army OneSource.	Youth Programs/Services		Tutor.com Senior Program Manager, Military and Federal Programs	1-800-411-1970 770-840-5274	tutor.com/military	<input type="checkbox"/>	CYS
The Edge!	Includes The Edge! life skills and adventure activities and the Hired!	Youth Programs/Services	Employment Services		573-596-0200 or 596-4324.	http://www.fortleonardwoodmwr.com/youthservices.php	<input type="checkbox"/>	MWR
Hired!	Workforce preparation program for 15 through 18 years.	Youth Programs/Services	Employment Services		573-596-0200	http://www.fortleonardwoodmwr.com/hired_years.php	<input type="checkbox"/>	CYS
Before and After School Program:	The program offers structured and recreational activities to enhance the development of school age children. Transportation is provided to and from designated on post schools.	Youth Programs/Services			573-596-0239	www.fortleonardwoodmwr.com	<input type="checkbox"/>	CYS

Program/Service	Description	Category	Category 2	Name	Phone Number	Website:	Off Post	Organization/ Department:
4-H Clubs:	Youth 6-18 years old, this program offers experiences in arts, technology, and community service. Youth participate in local, county, state and national opportunities; through a relationship with the US Department of Agriculture National 4-H Headquarters.	Youth Programs/Services	Arts and Crafts	4-H Clubs	573-596-0200/4302	http://www.fortleonardwoodmwr.com/youthservices.php	<input type="checkbox"/>	CYS
Full Day Summer Program:	The program offers a variety of educational, developmental and fun activities including field trips. Operational hours are Monday through Friday 0530-1730.	Youth Programs/Services	Child Care		573-596-0239	http://www.fortleonardwoodmwr.com/cys.php	<input type="checkbox"/>	CYS

The appearance of hyperlinks does not constitute endorsement by the U.S. Army of the web sites or the information, products or services contained therein. For other than authorized activities such as military exchanges and Morale, Welfare and Recreation sites, the U.S. Army does not exercise any editorial control over the information you may find at these locations. Such links provided are consistent with the stated purpose of this DoD web site.

No federal endorsement of sponsors intended. All information published herein is subject to change without notice.