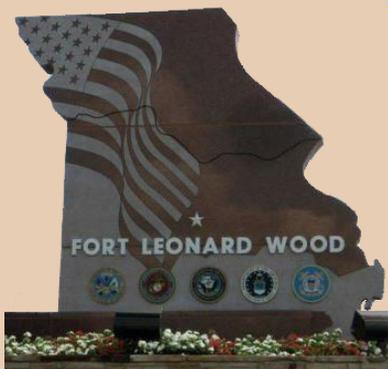


Fort Leonard Wood Responsible Actions Toward Energy Conservation and Sustainability*

INSTRUCTIONS: Review each action, check the column next to the steps you already do. Then, pick three to five new actions, setting a date by which you would like to achieve them.	Already Do	Will Do (date)
1. Slay the Energy Vampire! Plug all clustered electronics into power strips and switch them off when not in use.		
2. Turn off the interior lights when you are the last person leaving the room.		
3. Turn off the lights when daylight illuminates a room.		
4. Change at least four light bulbs to Compact Fluorescent Lamps (CFLs)		
5. In the winter, keep the thermostat set at 68° F or lower in the daytime, and lower it to 65°F or lower at night or when no one is in the room.		
6. In warmer weather, keep your thermostat set at 75° F or higher in the daytime and 80° F when no one is home.		
7. Wear a sweater or hat to stay warm instead of turning up the heat.		
8. Keep the refrigerator freezer full so that it cools more efficiently. Use frozen water containers in the freezer to fill empty space.		
9. Adjust the temperature of refrigerators to no lower than 37° F.		
10. Adjust your hot water heater to a water temperature that is comfortable and not too hot (120° F – 125° F is a good range).		
11. Install or replace weather stripping on every entry way.		
12. Caulk all joints, window frames, door jambs, and penetrations.		
13. Learn more about Do-It-Yourself Home Energy Inventories at http://www.energysavers.gov/your_home/energy_audits/index.cfm/mytopic=11170		
14. Check your car's tire pressure on a regularly and change air filter as needed.		
15. Turn off idling vehicles whenever possible to save gas and money.		
16. Shift Fort Leonard Wood's culture and encourage others to take this pledge. Together We Can Make a Difference!		



Sustain the Mission
Secure the Future

*Sustainability means finding ways to accomplish today's mission while still allowing for the accomplishment of future missions. A sustainable Army safeguards human health, improves quality of life, and enhances the natural environment.

**Take this pledge by signing below and keep it
for future reference in tracking your progress.**

Signed: _____

Print: _____ Date: _____

For more information visit: <http://wood.army.mil/dpwenv>
or <http://www.sustainability.army.mil/index.cfm>