

LOCATION

Communicate better with important people in your life

Rebuild your life after a significant loss

Recover from a divorce

Enrich your marriage

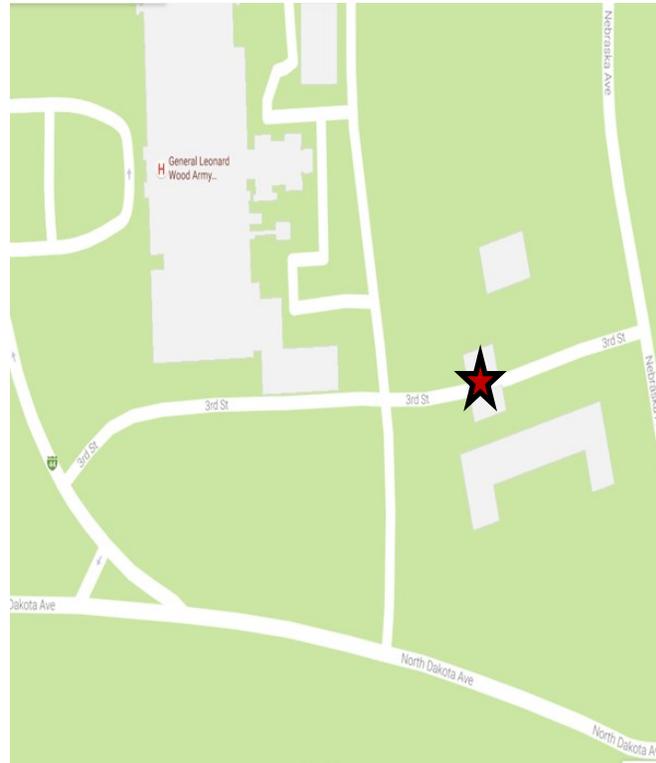
Assess areas of strength and growth

Heal from and avoid abusive relationships

Resolve the causes of your depression, anxiety, anger, confusion or insecurity

Adjust and improve relationships in your family

Develop a more enriching Faith



Building 340
14130 3rd Street
Fort Leonard Wood, MO 65473
573-596-1164

Fort Leonard Wood Family Life Center



The Family Life Center (FLC) is a pastoral counseling center available to all service members and families in the Fort Leonard Wood community. The goal of the FLC is to offer professional, compassionate and absolutely confidential care to the whole person. The Family Life Chaplain is CH John Manuel, a Licensed Marriage and Family Therapist (LMFT), Associate Licensed Professional Counselor (APC) and National Certified Counselor (NCC).



Areas of Counseling

- ◆ Addictions
- ◆ Anger & Stress
- ◆ Communication
- ◆ Depression
- ◆ Divorce
- ◆ Grief
- ◆ Marital Discord
- ◆ PTSD
- ◆ Parenting
- ◆ Personal Growth
- ◆ Pre-Marital
- ◆ Spiritual

How to schedule an appointment

Call the Family Life Chaplain for an appointment at **(573) 596-1164**. Counseling may involve a single session or multiple sessions, depending on your needs and goals.

