FLW Regulation
No 215-1

Morale, Welfare, and Recreation
OPERATION AND USE OF POST SWIMMING FACILITIES

Summary. This regulation establishes policies and procedures for the operation and use of post swimming facilities and areas.

Applicability. This regulation applies to all personnel using installation operated swimming facilities or areas, including the Lake of the Ozarks Recreation Area (LORA).

Supplementation. Supplementation of this regulation is prohibited unless specifically approved by Headquarters, United States Army Maneuver Support Center and Fort Leonard Wood (MANSCE & FLW).

Suggested Improvements. The proponent agency of this regulation is the Directorate of Morale, Welfare, and Recreation (DMWR). Users are invited to send comments and suggested improvements on DA Form 2028 (Recommended Changes to Publications and Blank Forms) to Director, Morale, Welfare and Recreation, ATTN: ATZT-MWR-R, 140 Replacement Ave, Suite 1105, Fort Leonard Wood, MO 65473-8935.

FOR THE COMMANDER:

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This regulation supersedes FLW Reg 215-1, 11 April 1994.
1. Purpose. To establish procedures and regulations for the operation and use of FLW swimming facilities.

2. References.
   b. TB MED 575 (Swimming Pools and Bathing Facilities).
   c. TM 5-662 (Swimming Pool Operations and Maintenance).

3. Explanation of Acronyms.
   DMWR
   Directorate of Morale, Welfare and Recreation
   FLW
   Fort Leonard Wood
   LORA
   Lake of the Ozarks Recreation Area
   MANSCEEN & FLW
   United States Army Maneuver Support Center and Fort Leonard Wood

4. General. Swimming at this installation is prohibited except in authorized facilities as identified in this regulation. These authorized facilities will not become operational without on-duty trained/qualified lifeguards. Authorized swimming facilities are:
   a. Wallace Pool (located on Constitution Ave).
   b. Lieber Heights Pool (located on Turner St).
   c. Sturgis Heights Pool (located near building 4109).
   d. LORA (designated beach area only).
   e. Physical Fitness Center Training Tank (located on South Dakota Ave).

5. Use of Swimming Facilities. The following criteria is established for the use of the swimming facilities:
   a. Hours of swimming will be announced in the various media and will be posted at each facility.
   b. Consumption or possession of alcoholic beverages is prohibited within the immediate proximity of the pool or within the pool fence at Wallace and Lieber Heights Pools, the Physical Fitness Center Training Tank and the beach area at LORA during normal hours of operation.
   c. Rules and Regulations for Swimmers. The following rules and regulations are published for information and compliance of all concerned:
      (1) Lifeguards are in complete charge and responsible for the safety, conduct, and welfare of all personnel using the facility.
      (2) Children 8-12 years of age will be accompanied by a parent or adult supervisor 16 years of age or older at Wallace, Lieber Heights and Sturgis Heights Pools, the Training Tank, and LORA unless they have successfully completed a swimming test administered by the staff. The test will consist of basic swimming skills and will be administered at the earliest convenience as determined by the facility manager. Swimmers that successfully pass the test will have their name entered on a permanent log and will be eligible to use the facility without adult supervision. Children under 8 years of age must be accompanied by an adult at all times while in the pool area.
      (3) Patrons with open wounds, abrasions, skin rashes, and/or any skin condition that might indicate some form of infectious disease will not be allowed to enter the swimming area unless they have in their possession a statement signed by a recognized physician within the last 45 days stating that the condition poses no health hazard to other patrons.
      (4) All glass and glass containers are prohibited within the fenced pool enclosure or the beach area.
      (5) Suntan oils, tanning butters, etc., may be used; however, patrons will be required to take a shower prior to entering the water if they use these items (swimming pools only).
      (6) Artificial swimming aids or free floating devices such as tubes, mattresses, etc., are prohibited in the swimming pools at Wallace and Lieber Heights, the main pool at Sturgis Heights, the Physical Fitness Center Training Tank, and the beach area at LORA, except when used as instructional aids by teaching staff. Artificial swimming aids and free floating devices are permitted in the wading pool at Sturgis Heights, and Wallace Pool.
      (7) Smoking is prohibited except in designated areas.
      (8) Wrestling, running, pushing, and other acts of horseplay are prohibited.
      (9) Consumption of food and drink will be restricted to designated areas.
      (10) Pool patrons will be required to show a valid identification card, family or single pass, or pay the daily admission fee to gain admission.
      (11) Only those patrons in proper swimming attire will be allowed in the pools. Cut-offs and bermuda shorts will not be allowed in the pools. Persons in street clothing and hard-soled shoes must remain in the area designated as the break area. Personnel performing official duties are excluded from the above restriction.
      (12) Appropriate disciplinary action will be taken against personnel violating the rules and regulations contained in this publication.

6. Responsibilities.
   a. DMWR, Community Recreation Division, Sports and Fitness Branch, is responsible for the operation and supervision of Wallace, Lieber and Sturgis Heights Pools, and the Physical Fitness Center Training Tank. The LORA manager is responsible for the Lake of the Ozarks swimming areas.
   b. Provost Marshal.
      (1) During scheduled hours of operation, furnish such military police support as deemed necessary for adequate control of personnel using the swimming facilities. Normally this support will consist of periodic checks by a motorized patrol; however, during periods when the area is accommodating large crowds, this support should be increased accordingly.
      (2) During nonscheduled hours, periodically check the swimming facilities for security, vandalism, and presence of unauthorized personnel.
c. United States Army Medical Department Activity is responsible for monitoring and enforcing current health and sanitary requirements for all swimming facilities.

d. Directorate of Public Works.

(1) Assist in the preseason preparation of the swimming pools by providing necessary repair and maintenance of chlorinators, filters, pumps, drains, tiles, deck, and pool.

(2) Provide chemicals, soda ash, chlorine, water testing kits, trained personnel and other items necessary for the operation and maintenance of water purification for the pools.